



# Dementia and Your Area

At ASI we mapped in conjunction with the HSE dementia-specific community services in Ireland<sup>1</sup>. We found that no person with dementia in Ireland is living in an area with a basic minimum standard of care. This is what is needed in Donegal to ensure that people with dementia and carers have access to a basic minimum standard of community services.

## Dementia Supports Across Ireland Building Communities of Care

### Donegal



| People at home with dementia & carers              | Existing dementia services                                     | Services needed for minimum standard   | Cost to reach minimum |
|--|--|--|-----------------------|
| 1,389 people at home with dementia<br>4,167 carers | 3 Alzheimer cafes<br>3 carer programmes<br>+ 10 other services | 5 carer programmes<br>1 social clubs<br>6 counselling services<br>+ 44 additional services | €153,695              |

## Contact us:

- ✉ email: [advocacy@alzheimer.ie](mailto:advocacy@alzheimer.ie)
- 🌐 [alzheimer.ie](http://alzheimer.ie)
- 📘 [facebook.com/TheAlzheimerSocietyofIreland](https://facebook.com/TheAlzheimerSocietyofIreland)
- 🐦 [twitter.com/alzheimerSocIrl](https://twitter.com/alzheimerSocIrl)
- ☎ National Helpline on 1800 341 341 is open six days a week  
Monday to Friday 10am–5pm & Saturday 10am–4pm





1

There are approximately 55,266<sup>ii</sup> people living with dementia in Ireland. This number is expected to increase significantly in the coming years; rising to 115,426 people by 2036.

2

The prevalence of dementia does increase with age, however it is not a normal part of the ageing process and there is a growing number of people who have younger-onset dementia; estimated to be 4,066 people under 65<sup>iii</sup>.

3

The majority of people with dementia (63%<sup>iv</sup>) live at home in the community, and this is their preference.

4

Most people living with dementia are cared for by a family member and there are approximately 50,000 dementia family carers in Ireland.

5

Dementia impacts every community and for every 1 person with the condition at least 3 others are significantly affected<sup>v</sup>.

6

Ireland's first National Dementia Strategy (NDS) was published in 2014. There are six priority areas within the Strategy and across these six areas are 14 priority actions<sup>vi</sup>. The Mid-Term Review of the Implementation of the NDS<sup>vii</sup> has been published in May 2018.

## About Dementia

Dementia is an umbrella term used to describe a range of conditions which causes changes and damage to the brain. These changes significantly affect a person's quality of life, changing their memory, thinking, communication and their ability to perform everyday tasks.

## About The Alzheimer Society of Ireland

A national non-profit organisation, The Alzheimer Society of Ireland is person centred, rights-based and grassroots led with the voice of the person with dementia and their carer at its core.

<sup>i</sup>Department of Health (2018) Dementia Specific Services in the Community: Mapping Public and Voluntary Services.

<sup>ii</sup>Pierce, M., Cahill, S. and O'Shea, E. (2014) *Prevalence and Projections of Dementia in Ireland, 2011-2046*. Dublin: Trinity College Dublin/NUI Galway/Genio.

<sup>iii</sup>Ibid.

<sup>iv</sup>Ibid.

<sup>v</sup>Cahill, S., O'Shea, E., Pierce, M. (2012) *Future Dementia Care in Ireland*. Trinity College.

<sup>vi</sup>Department of Health (2014) *The Irish National Dementia Strategy*. <http://health.gov.ie/wp-content/uploads/2014/12/30115-National-Dementia-Strategy-Eng.pdf>

<sup>vii</sup>Department of Health (2018) *Mid-term Review of the Implementation of the National Dementia Strategy*.

## Contact us:

✉ email: [advocacy@alzheimer.ie](mailto:advocacy@alzheimer.ie)

🌐 [alzheimer.ie](http://alzheimer.ie)

📘 [facebook.com/TheAlzheimerSocietyofIreland](https://facebook.com/TheAlzheimerSocietyofIreland)

🐦 [twitter.com/alzheimerSocIrI](https://twitter.com/alzheimerSocIrI)

☎ National Helpline on 1800 341 341 is open six days a week  
Monday to Friday 10am–5pm & Saturday 10am–4pm

