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**Later Stage Dementia Care – Course Timetables**

**Winter 2020/2021**

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| **Course 1: Saturday start, video meetings/workshops on Wednesday evenings** | | | |
| **Week No.** | **Dates** | **Activity** | **Time and Date** |
| Week 1 | Saturday 5th to Saturday 11th December 2020 | Induction Week, Meet and Greet ‘Live’ Online Video Tutorial | 8.15-9.00pm on Wednesday 9th December 2020 |
| **Week 2** | **12th to 18th December 2020** | **Introduction to course, Online ‘Live’ Video Workshop** | **7-9pm Wednesday 16th December 2020** |
| **Christmas / New Year Break**  **19th December 2020 to 2nd January2021** | | | |
| Week 3 | 2nd to 8th January 2021 | Symptom Management, Online, ‘Live’ Video Tutorial | 7-8pm Wednesday 6th January 2021 |
| Week 4 | 9th to 15th January 2021 | Transitions in Dementia Care, Online, ‘Live’ Video Tutorial | 7-8pm Wednesday 13th January 2021 |
| **Week 5** | **16th to 22nd January 2021** | **Emotional Wellbeing, Online ‘Live’ Video Workshop** | **7-9pm Wednesday 20th January 2021** |
| Week 6 | 23rd to 29th January 2021 | Coping and Self-Care, Online, ‘Live’ Video Tutorial | 7-8pm, Wednesday 27th January 2021 |
| Week 7 | 30th January to 5th February 2021 | Communicating in Care, Online, ‘Live’ Video Tutorial | 7-8pm, Wednesday 3rd February 2021 |
| **Week 8** | **6th to 12th February 2021** | **Course Wrap Up, Online ‘Live’ Video Workshop** | **7-9pm Wednesday 10th February 2021** |

***Please note: For Course 1, course materials are available on the Moodle Learning platform from each Saturday morning, and participants should read the materials before participating in the weekly online meetings each Wednesday.***

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| **Course 2: Friday start, video meetings / workshops on Tuesday evenings** | | | |
| **Week No.** | **Dates** | **Activity** | **Time and Date** |
| Week 1 | Friday 4th to Thursday 10th December 2020 | Induction Week, Meet and Greet ‘Live’ Online Video Tutorial | 7-8pm Tuesday 8th December 2020 |
| **Week 2** | **11th to 17th December 2020** | **Introduction to course, Online ‘Live’ Video Workshop** | **7-9pm Tuesday 15th December 2021** |
| **Christmas / New Year Break**  **18th December 2020 to 2nd January2021** | | | |
| Week 3 | 2nd to 7th January 2021 | Symptom Management, Online, ‘Live’ Video Tutorial | 7-8pm Tuesday 5th January 2021 |
| Week 4 | 8th to 14th January 2021 | Transitions in Dementia Care, Online, ‘Live’ Video Tutorial | 7-8pm Tuesday 12th January 2021 |
| **Week 5** | **15th to 21st January 2021** | **Emotional Wellbeing, Online ‘Live’ Video Workshop** | **7-9pm Tuesday 19th January 2021** |
| Week 6 | 22nd to 28th January 2021 | Coping and Self-Care, Online, ‘Live’ Video Tutorial | 7-8pm, Tuesday 26th January 2021 |
| Week 7 | 29th January to 4th February 2021 | Communicating in Care, Online, ‘Live’ Video Tutorial | 7-8pm, Tuesday 2nd February 2021 |
| **Week 8** | **5th to 11th February 2021** | **Course Wrap Up, Online ‘Live’ Video Workshop** | **7-9pm Tuesday 9th February 2021** |

***Please note: For Course 2, course materials are available on the Moodle Learning platform from each Friday morning, and participants should read the materials before participating in the weekly online meetings each Tuesday.***