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**Later Stage Dementia Care – Weekly Schedule**

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| **Course 1: Saturday start, video meetings/workshops on Wednesday evenings** | | | |
| **Week No.** |  | **Activity** | **Length of meeting** |
| Week 1 |  | Induction Week, Meet and Greet ‘Live’ Online Video Tutorial | 1 hour |
| **Week 2** |  | **Introduction to course, Online ‘Live’ Video Workshop** | **2 hours** |
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| Week 3 |  | Symptom Management, Online, ‘Live’ Video Tutorial | 1 hour |
| Week 4 |  | Transitions in Dementia Care, Online, ‘Live’ Video Tutorial | 1 hour |
| **Week 5** |  | **Emotional Wellbeing, Online ‘Live’ Video Workshop** | **2 hours** |
| Week 6 |  | Coping and Self-Care, Online, ‘Live’ Video Tutorial | 1 hour |
| Week 7 |  | Communicating in Care, Online, ‘Live’ Video Tutorial | 1 hour |
| **Week 8** |  | **Course Wrap Up, Online ‘Live’ Video Workshop** | **2 hours** |

***Please note: During the course materials are available on the Moodle Learning platform from each Saturday morning, and participants should read the materials before participating in the weekly online meetings.***