# Who we support

Vulnerable Adults Older People Healthcare Patients

### **Our Approach**

To collaborate where possible. To challenge where necessary. sage advocacy

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**f** Sage Advocacy

# Information & Support Rapid Response Service

# 0818 719 400

8am – 10pm daily

Leave your name, a contact number and a very brief description of the issue. Our aim is to respond to you within an hour. When urgent support is required an experienced Sage Representative can be available nationwide within 24 hours.

Sage is a member of Safeguarding Ireland



Promoting the rights of vulnerable adults

safeguardingireland.org

sageadvocacy.ie



sageadvocacy.ie





### Nothing about you / without you

## About Sage

The right to have your voice heard and to participate in making decisions which affect you is a fundamental principle in a democratic society. It is a principle simply stated as:

#### Nothing about you / without you

Many people face challenges to their independence due to physical or mental illness, intellectual, physical or sensory disability, lack of family and community supports or an inability to access public services that meet their needs. Some people communicate differently and with difficulty and some people slowly lose their ability to make and communicate decisions when a condition, such as dementia, develops over time. Some are abused and exploited because of their vulnerability. Others feel disregarded or let down by healthcare services while some are harmed through adverse events or medical negligence.

In circumstances where people may be vulnerable, or have to depend on others, there is a need to ensure that their rights, freedoms and dignity are promoted and protected. Through support and advocacy the will and preference of a person can be heard and acted on; independently of family, service provider or systems interests.

Sage Advocacy clg is responsible for the governance and development of the service.

CRO #610824 | RCN #20162221 | CHY #22308



# Our Work

- Supporting people to return home from hospitals and nursing homes in accordance with their wishes. Supporting decision-making and people's capacity to make decisions about their own lives.
- Advocating for adequate home care and support to enable people live, and die, in the place of their choice.
- Providing patient advocacy to people who have complaints about healthcare and with any subsequent internal or external reviews or inquests.
- Advocating with and for people with intellectual disabilities to develop a life with activities which are meaningful for them as they move from an institution to the community.
- Challenging unnecessary restrictions on people's liberties in acute and congregated care settings and the use of convenience medication and incontinence wear.
- Promoting public and professional awareness of resources for self-advocacy such as 'Think Ahead' and organising workshops on capacity and decision making, enduring power of attorney and advance healthcare directives.
- Promoting advocacy champions within congregated care settings and supporting them when complex issues arise and independent advocacy is required.
- Assisting people to maintain control of their income, benefits or property when others seek to take advantage of them and making contact with other professionals on their behalf to assist them in putting their affairs in order.
- Facilitating meetings of service users in residential and day care settings.
- Providing information and support to people who find health, social care, social protection and financial services complex and frustrating.

# **Our People**

Sage Advocacy has a core team of paid staff who are supported by trained volunteers and specialist advisers. Our key task is to develop regional teams of people capable of tackling everything from the most simple support issues to the most complex advocacy challenges in every care setting.

#### **Key Roles**

#### Support Person

Volunteers who promote awareness of Sage and its services at local level, who provide general support to Sage clients to enable them make their voice heard and who refer on to an advocate where necessary.

#### Advocate / Patient Advocate

People who are free from any conflict of interest who act as the voice for a person who may be vulnerable regarding a single issue or a range of related issues. By providing information to the person, ensuring that they understand the decisions they must make and helping them to express their will and preferences, the independent advocate works to keep the person at the centre of the decision-making process.

#### Specialist

People with legal, financial, clinical, nursing, social work, housing, mediation, policing and other areas of specialist expertise who provide support to staff and volunteers regarding complex issues.