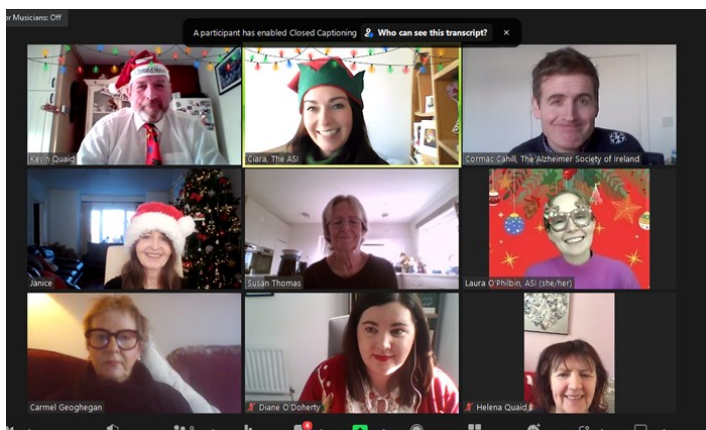




Dear Colleague,

We are delighted to welcome you along to the Winter edition of your ASI Research Newsletter. Below you will find information relating to our research activities in 2022 as well as updates on the work of our Dementia Research Advisory Team and a number of currently recruiting research opportunities through our TeamUp for Dementia Research service.

Dementia Research Advisory Team Updates



The [Dementia Research Advisory Team](#) is a group of people living with dementia and carers/supporters who are involved in dementia research as co-researchers. The members are supported by The Alzheimer Society of Ireland to contribute to dementia research in a Person Public Involvement (PPI) capacity. This means working alongside the research community throughout the research process - from devising research questions all the way to presenting findings at conferences.

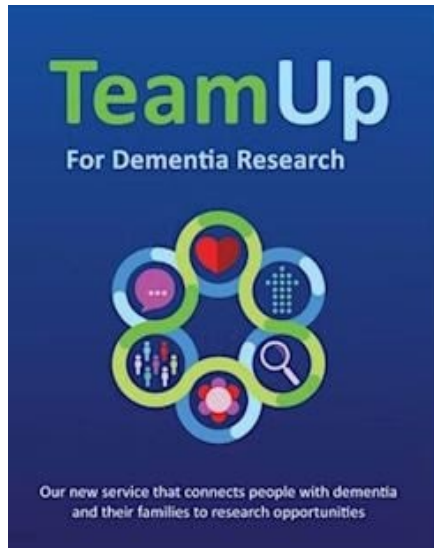
Throughout 2022 the members used their insights and expertise to collaborate on [13 ongoing projects](#) across a variety of universities. They [spoke at workshops and conferences](#) (both nationally and internationally!), [reviewed tender documents and funding applications](#) and excitingly, started to carry out their own research!

From selecting their research question, to designing their recruitment poster, hosting focus groups and devising survey questions, the members have been investigating ["The impact a diagnosis of dementia has on the person who becomes the caregiver / supporter."](#)

If people living with dementia and caregivers would like to contribute to this innovative research opportunity, there is a link to their brief survey below. (Please note, this survey closes on Wednesday 21st December at 5pm.) Important to note is that members of the Dementia Research Advisory Team come to us with no previous research experience. Lived experience of dementia is the only requirement to join the team.

Congratulations to the Dementia Research Advisory Team for all of their fantastic trail-blazing work in 2022!

TeamUp for Dementia Research



THE Alzheimer
SOCIETY OF IRELAND



**DEMENTIA RESEARCH
NETWORK IRELAND**
Prevention, Cure & Care for
Neurodegenerative Diseases

On Wednesday 7th December 2022, TeamUp for Dementia Research was featured in the final instalment of the DRNI's Hot Topics webinar series.

With a host of expert speakers (including Dr. Louise Hopper and Prof. Sean Kennelly), the webinar highlights the importance of and benefits to participating in dementia research. Dr Laura O'Philbin, Research and Policy Manager at The ASI closed off the panel by summarising the exciting developments' in the dementia research landscape in Ireland.

To watch back this important webinar, please click here: <https://www.youtube.com/watch?v=uT5Q5t7e2zY>

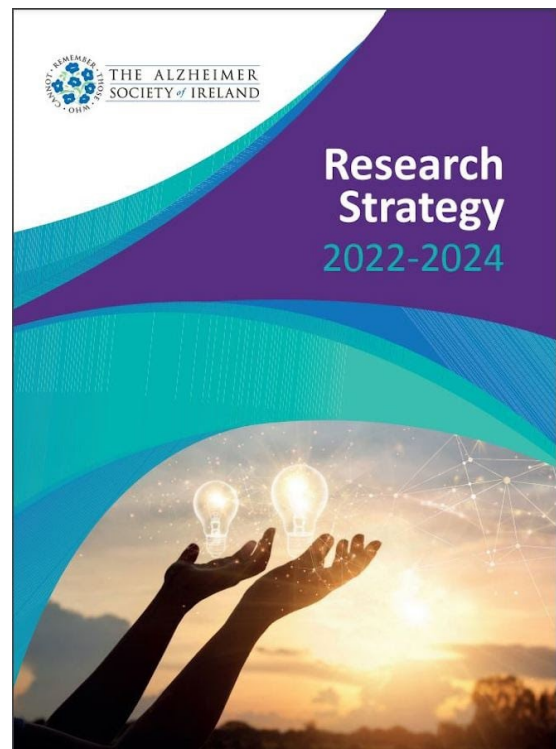
Research Strategy 2022-2024 officially launched

In June of this year, The Alzheimer Society of Ireland launched its 2022 - 2024 Research Strategy. This sets out the priorities, objectives and actions that will guide the work of the research team over the next two years.

These include:

- Supporting the development of essential research infrastructure in Ireland
- Developing and supporting quality dementia research that is in line with The ASI's mission and values and is important to the communities in which we work.
- Translating and sharing evidence-based research to promote public awareness of dementia research.

Click [HERE](#) to read our Research Strategy.



TeamUp

For Dementia Research



The below research opportunities are currently recruiting through the TeamUp for Dementia Research service.

If you would like to take part in any of these studies, please email teamup@alzheimer.ie

MEMORY RECALL STUDY



Trinity College Institute of Neuroscience
is conducting a study to investigate if we can modify brain networks to improve memory.

To be included in this study are you:

- 50 years old or above
- A native English speaker
- Diagnosed with amnesic Mild Cognitive Impairment (aMCI)
 - With no history of severe head injuries, psychiatric illness, epileptic insult, or dementia unrelated to Alzheimer's

Benefits of participating:

- Contribute to cutting edge research investigating memory
- These methods are non-invasive, non-pharmacological, safe, with few adverse side effects

We are Looking for Focus Group Participants



Are you someone who has been diagnosed with dementia?

Are you currently or have been a care partner to someone living with dementia within the last 2 years?

Would you like to take part in a focus group (group discussion) about physical activity and physical activities you enjoy



Collaborate na Tríonóide, Naile Átha Cliath
Trinity College Dublin
Department of Neuroscience



SENSE-Cog: Validation Study: adapting tools for the early recognition of cognitive and sensory health problems.

Are you over 60 and want to contribute to memory research?

We are looking for people who struggle with their vision

We are seeking volunteers to participate in a study called 'SENSE-Cog' aimed at finding ways to help with the early recognition of memory and vision problems (already wear/need glasses).

You will be asked to complete a series of tasks to evaluate your memory, vision and hearing. **We need participants who already have vision (you already wear/need glasses) problems.**



Recruiting in January 2023!

Beat the January blues by taking part in one of the newly recruiting social interventions!

If you are not already a TeamUp for Dementia Research member, please click [here](#) to register and avail of the opportunities below.

Telehealth Music Therapy for People Living with Dementia and their carers (Pairs), will be a wonderful mix of music listening, music reminiscence and movement to music for people affected by dementia who cannot avail of traditional community supports.

Online Music Therapy

for community dwelling people with dementia and their spouse/partner in Ireland



What is involved?

- Six online music therapy sessions [once a week for 1 hour]
- Music resources to access at your own time
- 15 minute interview about your experiences of taking part

When: January 2022 for 6 weeks

Where: Online via Zoom

The Buddy Programme is an exciting opportunity for people living with dementia to partner up with a Transition Year student "Buddy" for 6 weeks. The pairs meet for one hour per week on Zoom and engage in a shared activity / chats!

INTERGENERATIONAL DEMENTIA INTERVENTION

- The Buddy Programme



- ▶ Meet for one hour per week on Zoom with a Transition Year student "Buddy"
- ▶ Over a 6 week period
- ▶ Engage in Shared Activity (and chats!)
- ▶ Meet 1:1 or in pairs (to be decided and agreed between the Buddies)
- ▶ Complete brief journal entry after each session to inform write up and future development of the Buddy Programme



Telehealth Music Therapy for People Living with Dementia and their carers (Groups) will be a wonderful mix of music listening, music reminiscence and movement to music for groups affected by dementia who cannot avail of traditional community supports.

 **Online Music Therapy Group**
for community dwelling people with dementia and their carers/companions living in Ireland

 UNIVERSITY OF LIMERICK
COLLEGE LIMERICK

What is involved?
Six online music therapy sessions [once a week for 1 hour]
Music resources to access at your own time
15 minute interview about your experiences of taking part

When: January 2022 for 6 weeks
Where: Online via Zoom

Happy Holidays & Best Wishes for 2023

We would like to thank everyone for their continued support for Dementia Research and wish you all a safe and enjoyable holiday season.



 **THE Alzheimer SOCIETY OF IRELAND** 

From everyone here at
The Alzheimer Society of Ireland,
THANK YOU for helping us make a difference
in the lives of people impacted by dementia
in 2022.

We couldn't do it without your support.

**We wish you and yours a joyous and
peaceful Christmas.**

