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of tea you'll ever have.



Tea Day Ambassadors,
Fair City's Bryan Murray
and Una Crawford O'Brien.

Alzheimer's



May 4th
2023

Scone Recipe



THE Alzheimer
SOCIETY OF IRELAND

Ingredients

- 450g self raising flour
- 55g caster sugar
- 110g butter or margarine
- 1 egg
- 300ml milk
- 55g raisins

Method

1. Preheat oven to 200C.
2. Sieve the flour into a bowl. Stir the sugar and rub in the margarine/butter. Add raisins. Add milk to make light, fairly soft dough.
3. Turn onto a lightly-floured board and knead if necessary to remove any cracks. Roll out lightly into ½ inch thickness.
4. Cut into scones with a 2-inch cutter dipped in flour.
5. Place on pre-heated baking sheet. Glaze scones and bake for 20 minutes. Cool on a wire tray.

Makes 24 scones

