

What is dementia?

Dementia is the name for a range of conditions that cause damage to the brain. This damage can affect memory, thinking, language and the ability to carry out everyday tasks.

There are many conditions that cause dementia, including; Alzheimer's, vascular dementia, Lewybody dementia and fronto-temporal dementia.

About The Alzheimer Society of Ireland

We work across the country in the heart of local communities providing dementia specific services and supports, and advocating for the rights and needs of all people living with dementia and their carers.

For information about our work in your local area:

To find your local services

📞 **Call Helpline: 1800 341 341**

@ **Email: helpline@alzheimer.ie**

💻 **Visit: www.alzheimer.ie**

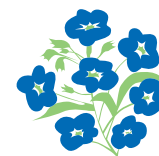
How do I contact this service?

Your local Dementia Adviser is:

 **Contact: Debby Gregg**
 **Phone: 087 629 4065**
 **Email: d.gregg@alzheimer.ie**
 **Area covered: South Donegal**

People with dementia and their families can contact their local Dementia Adviser directly.

We also welcome referrals from health and social care professionals.



THE **Alzheimer**
SOCIETY OF IRELAND

Dementia Adviser Service



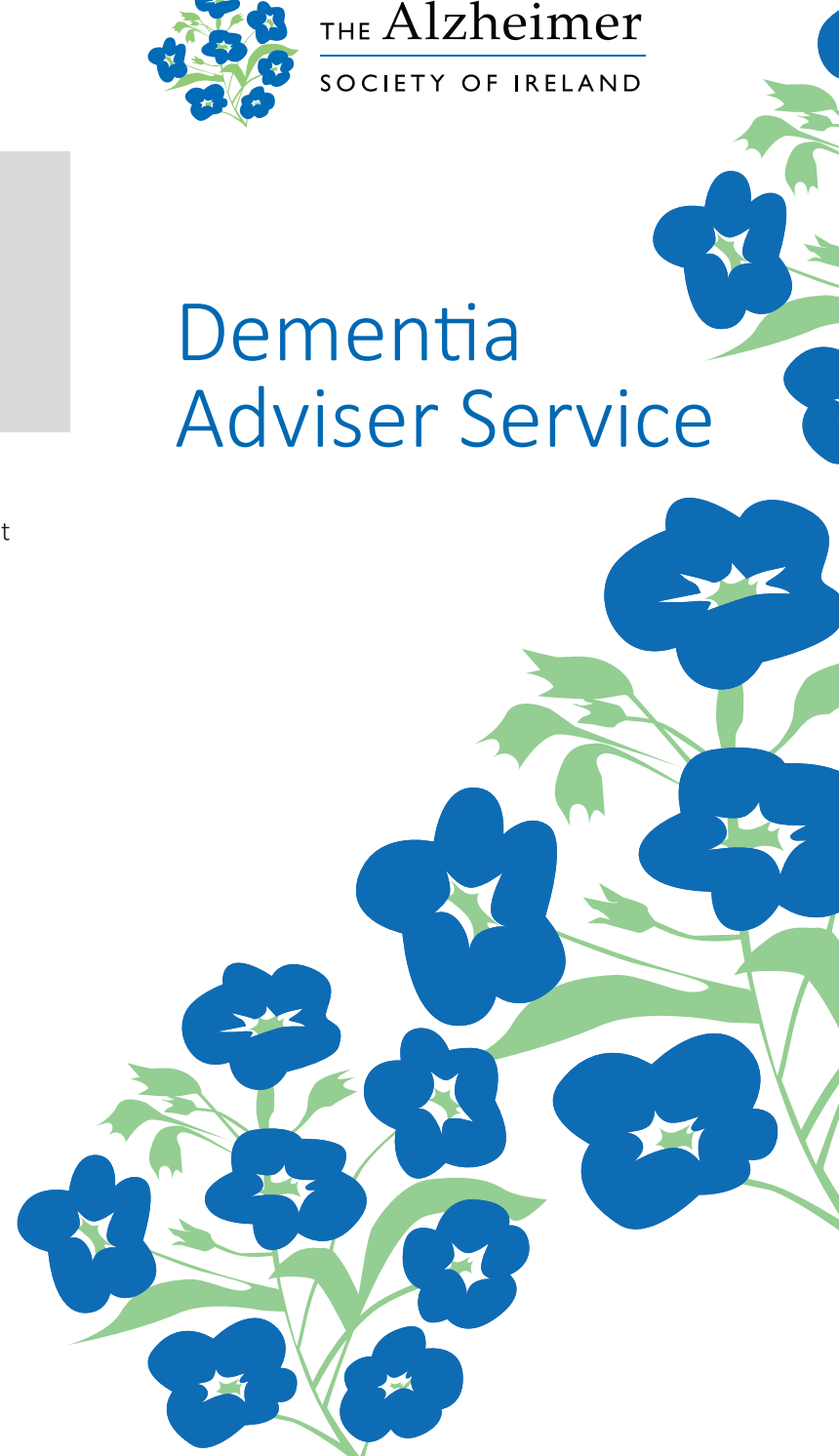
Funded by the HSE

dementia

understand together

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Email: info@alzheimer.ie
Web: www.alzheimer.ie
Charity Number: CHY 7868



What is the Dementia Adviser Service?

The Dementia Adviser service provides locally based, one-to-one information, signposting, and emotional support. This is a confidential and free service.

Who is the service for?

This service is for you if:

- you have dementia
- someone in your family has dementia.

We work with people of any age who have been diagnosed, or who are awaiting a diagnosis of dementia. This includes people with Alzheimer's and other forms of dementia.

People can contact us directly. We also welcome referrals from health and social care professionals.

What will my Dementia Adviser do?

Your Dementia Adviser can answer your questions and put you in touch with people who can help.

Your dementia adviser will:

- meet with you to understand your needs
- provide information & advice
- help you find support
- highlight areas you may need to consider
- help you to plan your next steps

Your Dementia Adviser can meet you at home, or at an agreed location. You can also contact your Adviser by phone and email.

Your Dementia Adviser will work with you to promote independence, well-being and choice.

This service is free and confidential.

What type of information can I get?

Your Dementia Adviser can provide information about:

- dementia and coping with changes
- living well day-to-day
- planning for the future, including legal and financial matters
- driving
- services and supports in your area
- getting in touch with other people with dementia and other families.

Your Dementia Adviser will work with you to ensure you can access the information you need to live well with dementia.

