

ASI Research Newsletter Spring 2024



THE Alzheimer
SOCIETY OF IRELAND

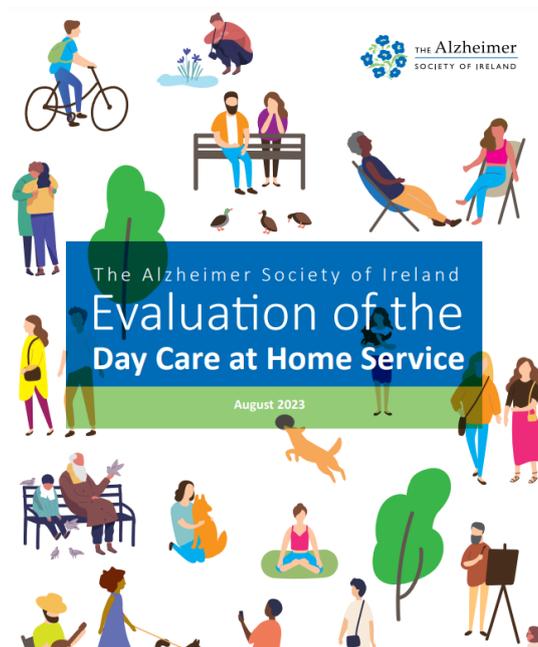


Dear Colleague,

Welcome to the Spring edition of your ASI Research Newsletter!

Below you will find updates on our recent research activities, some exciting TeamUp for Dementia Research opportunities and a chance to have your say on potential topics for our upcoming research webinar series.

Evaluation Report of The ASI's Day Care at Home Service



In 2023, The ASI commissioned an evaluation of our Day Care at Home service. This evaluation was carried out by Dr Emma O'Shea, Ms Mary Flaherty, Ms Laura Somers and Professor Suzanne Timmons from the Centre for Gerontology and Rehabilitation at University College Cork. (This work was kindly funded by The HSE's National Dementia Services.)

Minister Mary Butler joined us to launch the evaluation report which highlights life-enhancing benefits for people living with dementia and their families, with our staff, teams and colleagues in January. Read the full report and plain language summary on our website: www.alzheimer.ie

ASI Research Webinar Series 2024

We want to hear from you!

We are planning a webinar series to take place throughout 2024. These online webinars will be aimed at breaking down research topics in an accessible way for the public, those living with dementia, family members and carers. [Link: https://tinyurl.com/53jw3fk2](https://tinyurl.com/53jw3fk2)

We invite you to participate in a short survey to help us decide the topics we should cover. The survey is voluntary and anonymous. It should take you no more than 5 minutes to complete, which you can do at any time that suits you. Your feedback is really important to us. **This survey closes on 12th April 2024.** If you have any questions, please contact our Research Officer, Diane O'Doherty by email: diane.odoherty@alzheimer.ie.

TeamUp for Dementia Research - Open Opportunities

TeamUp for Dementia Research connects people affected by dementia with opportunities to take part in ethically approved dementia research. The service has had a busy start to the year with a great variety of opportunities offered to the members.

Members are invited to participate in research projects that align with their stated preferences, selected when registering to the TeamUp for Dementia Research service. If you would like to change your research preferences to hear more about different opportunities please email the research team teamup@alzheimer.ie.

Below you will find a number of research projects which are still recruiting.

** In-person: Cork City **

Study Title: Linking gut microbiome taxa and their metabolites to neurocognitive disorders

The purpose of this study is to investigate how gut microbiota (the bugs in your gut) can influence your cognitive function, such as thinking, remembering, and reasoning. This study will explore how gut micro-biota can influence the development and/or progression of cognitive problems in people aged 60yrs or older.

To learn more about this study, including participant eligibility,

Please check out this link: <https://tinyurl.com/47arfyhd>



Looking for Participants

Are you aged 60 years or over?

Have you been diagnosed with memory problems by a consultant?



We are looking for participants to give us stool and blood samples and to undergo memory tests.

We are interested in people with a range of cognition problems from very mild memory issues with normal memory tests, right through to people with early dementia.

If you are interested in participating in this study about the link between the gut and memory issues, then please get involved.

**** In-person: Galway City ****

Study Title: Cognitive stimulation in activities of daily living for individuals living with mild-to-moderate dementia (CS-ADL)

This study will evaluate the effect of CS-ADL on participants performance of everyday activities. It will also evaluate the effect of CS-ADL on their memory, mood, quality of life, and communication.

To learn more about this study, including participant eligibility, please check out this link: <https://tinyurl.com/ye9xzz8c>

PARTICIPANTS WANTED

COGNITIVE STIMULATION IN ACTIVITIES OF DAILY LIVING (CS-ADL)

We are looking for people:

- With early/middle stage dementia.
- Who want to take part in a group.
- Who want to maintain their skills in everyday activities.

Galway City

Sessions once weekly, for 7 weeks.

Sessions last 2 hours.

This is a research study that aims to test the effect of CS-ADL. It is being run by the University of Galway.

**** Online survey for people living with Young Onset Dementia, under the age of 65****

Study Title: A study about social health of people who have memory problems or thinking troubles

The purpose of this cross-sectional study is to investigate the rates of social frailty and social isolation in people living with Young Onset Dementia.

To learn more about this study, please check out this link

<https://tinyurl.com/mphk79y9>.

If you are not already a TeamUp for Dementia Research member and would like to become involved, please check out our website.

Join Our Research Study !

Do you have memory problems or thinking troubles?
Are you younger than 65?
Do you live at home?
Then you are eligible* for our study.

You can scan this code to fill out the questionnaire:

Improved social health can be a protective factor for people with memory problems or thinking troubles.

Results of this study will help us develop a programme to help improve your social health.

For further details about this study, please contact: **Wang, Ziyue**
Email: z.wang17@universityofgalway.ie
Mobile: 353-91493687

<https://forms.office.com/e/Tqdz2pZn7>

COLLEGE na GALLIMHIE
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Dementia Research Advisory Team Updates



The **Dementia Research Advisory Team** members continue to strengthen their skills as Person Public Involvement or PPI Contributors. In addition to collaborating with researchers throughout the universities of Ireland, the members are preparing presentations and abstract submissions for upcoming national and international conferences. We look forward to sharing updates from their work in the coming weeks so please stay tuned to The ASI's social media channels.

In the meantime, to learn more about the work of the Dementia Research Advisory Team please check out our website here: <https://tinyurl.com/2rshu4za>.



For information and or support, please reach out to our National Helpline.