



THE Alzheimer

SOCIETY OF IRELAND

December 2024 Calendar of Activities





The Mobile Information Bus

This month our Mobile Information Bus will be whizzing around to bring much needed supports, information and awareness to communities across the country.

mobileinformationservice@alzheimer.ie

Find out if they will be parking up near you below:

- 11th December Kildare Village Shopping Centre, Co. Kildare
10:00am-2:00pm



LEINSTER

CALENDAR OF EVENTS



THE Alzheimer
SOCIETY OF IRELAND

Carlow

CABIN CAFE

In association with the Carlow Older Persons Forum

Date: 1st Tues of every month

Location: The Old School House Barracks St Carlow R93 YW10

Contact: Margaret on 087 8380018

CARLOW SOCIAL CLUB

Date: 3rd Friday of every month

Time: 11- 1pm

Location: Bethany House

Contact: Please contact friends of asi@alzheimer.ie

CARLOW CABIN DEMENTIA CAFE

Contact: Laura

Phone: 0871025640

Email: lkelly@carlowcoco.ie

Booking is required , details of address and dates will provided by Laura.

LEINSTER

CALENDAR OF EVENTS



THE **Alzheimer**
SOCIETY OF IRELAND

Dublin

CASTLEKNOCK SOCIAL CLUB

Castleknock Community Centre, Laurel Lodge Road, Carpenterstown, Castleknock, Co. Dublin. D15T3PN

Date: Monthly Every 2nd Tuesday

Time: 10am – 12 noon

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

NORTH COUNTY DUBLIN SOCIAL CLUB

Bracken Court Hotel, Bridge St, Balbriggan, Co. Dublin, K32 DK88

Date: 1st Tuesday of each month

Time: 11am - 1pm

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

CLONTARF SOCIAL CLUB

St. Anthony's House St. Anthony's Church Grounds, St. Lawrence Road
Clontarf Dublin 3, D03TY23

Date: Weekly on Monday

Time: 1pm - 3pm

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

Dublin

CUPAN TAE MEMORY CAFÉ

Naomh Barrog GAA Club, Kilbarrack Parade, Kilbarrack Upper, Dublin 5, D05DY65

Date: 2nd Wednesday every month

Time: 2pm – 4pm

Contact: cupantae@alzheimer.ie

UNDER 65 FAMILY CARER SUPPORT GROUP

Clonmacnoise Day Care, Our Lady's Hospice, Harold's Cross, Dublin 6W,
D6WRY72

Date: Last Tuesday of each month

Time: 8pm and 10pm.

Contact: Adrienne McAvinue / Frances Redmond 086 838 1215 / 086 792 6766
amcavinue@alzheimer.ie

LUCAN SOCIAL CLUB

St Marys Parish Centre, Lucan

Date: Every Wednesday

Time: 1.30pm to 3.30 pm

Contact: Adrienne McAvinue 086 838 1215

amcavinue@alzheimer.ie

KILNAMANAGH SOCIAL CLUB

Kilnamanagh Family Resource Centre, Treepark Rd, Kilnamanagh, Dublin 24

Adrienne

Date: Every Friday

Time: 10.30 am to 12.30 pm

Contact: McAvinue

Phone: 086 838 1215

Email: amcavinue@alzheimer.ie

Dublin

BLOOMFIELD SOCIAL CLUB

Date: Every Tuesday

Time: 10.30am to 12.30pm

Location: 16 Stocking Ln, Rathfarnham, Dublin, 16

Contact: Adrienne McAvinue

Phone: 086 838 1215

Email: amcavinue@alzheimer.ie

BOOTERSTOWN SOCIAL CLUB

Date: Every Wednesday

Time: 10am to 12 noon

Location: Booterstown Parish Centre, Booterstown
Avenue, Blackrock, Co. Dublin. A94 NW53

Contact: Frances Redmond

Phone: 086 792 6766

Email: frances.redmond@alzheimer.ie

Longford

LONGFORD SUPPORT GROUP

Date: 2nd Wednesday of the Month

Time: 7pm-8pm

Location: No 2 Earl Street, Longford. N39N254

Contact: Breda Dunne 086 380 2183

Longford

LONGFORD ALZHEIMER CAFÉ

Date: 11th December

Time: 7pm-8.30pm

Location: No 2 Earl Street, Longford. N39N254

Contact: Eileen Kilbride 085 872 4455

LONGFORD SWEET MEMORIES DEMENTIA CHOIR

Date: Every Second Monday (2nd & 16th Dec)

Time: 12pm tp 1:30pm

Contact: Martina Logan 086 6076879 / Claire Harte: 0873951693

Louth

BIRCHES SOCIAL CLUB

Date: Third Sat of each month

Time: 11am to 1pm

Location: St Joseph's Redemptorist Monastery, Community Centre," St Alphonsus Road Dundalk. Co Louth

Contact: Olive Joyce Phone: 042 935 1388

BIRCHES SOCIAL CLUB

Date: First Tuesday of every month

Time: 7pm

Location: "The Birches" Alzheimer Day Centre

Contact: Olive Joyce Phone: 042 935 1388

Louth

DUNDALK MEMORY CAFÉ

Date: Second Tuesday every month Nov 12th

Time: 2.30pm - 4:00pm

Location: Louth Co Library 5 Roden Place Dundalk Louth Leinster

Contact: Maeve Montgomery

Phone: 087 748 9258

Email: libraryhelpdesk@louthcoco.ie

Meath

NORTH MEATH SOCIAL CLUB

Date: 3rd Tuesday of every month 17th Dec

Time 2-4pm

Venue: Ballinlough GFC Ballinlough Co. Meath A82 VW27

Contact: Samantha Scally Number: 086 3808698

MEATH ALZHEIMER CAFÉ

Date: First Wednesday of each month

Time: 7pm to 9pm

Location: Dunshaughlin Pastoral Centre Main St, Dunshaughlin Co. Meath A85 XA09

Contact: John Kelly Phone: 087-188 8178 Email: meathalzheimercafe@alzheimer.ie

NAVAN SATURDAY SOCIAL CLUB

Date: 2nd Saturday of every month

Time: 11am-1 pm

Location: Whistlemount Day Care, 6 Liscarton Villa's, Kells Rd, Navan, Meath, C15 PD35

Contact: Liam Burke Phone: 087 974 0871 Email: liam.burke@alzheimer.ie

Meath

RATOATH SOCIAL CLUB

Date: Last Friday of every month

Time: 11am-1pm

Location: Ratoath Community Centre, Main St, Ratoath, Co. Meath

Contact: Liam Burke Phone: 087 974 0871 Email: liam.burke@alzheimer.ie

Offaly

DEMENTIA CAFE AND SUPPORT GROUP

Date: Third Wednesday of the Month

Time: 2pm - 4pm

Location: Offaly CIL, Clonminch Road, Tullamore

Note: Meetings are alternated between the Dementia Cafe and Support Group

Westmeath

ATHLONE SUPPORT GROUP

Date: Last Tuesday of each month

Time: 7pm to 8pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

MULLINGAR SUPPORT GROUP

Date: First Thursday of each month

Time: 6.30pm-7.30pm

Location: Mullingar Library

Contact: Johanna Bennett 086 6075089

ATHLONE SOCIAL CLUB

Date: Every second Wednesday

Time: 11am-1pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

Westmeath

MULLINGAR SOCIAL CLUB

Date: Every Friday

Time: 11am-1pm

Location: Mullingar Bridge and Amenity Centre, N91 WD96

Contact: Eileen Kenny 085 872 3720

Wexford

LADYS ISLAND SUPPORT GROUP

Date: Wednesdays

Time: 10am to 12pm

Location: Lady's Island Community Coffee Shop Co. Wexford

Contact: Christina Furlong Phone: 087 189 8710

Email: Christina.furlong@alzheimer.ie

WEXFORD SOCIAL CLUB

Date: Wednesdays

Time: 2pm - 4pm

Location: Coolcotts Community Centre Co. Wexford

Contact: Christina Furlong Phone: 087 189 8710

Email: Christina.furlong@alzheimer.ie

MUNSTER

CALENDAR OF EVENTS



THE **Alzheimer**
SOCIETY OF IRELAND

Clare

CLARE MEMORY CAFÉ

Date: 3rd Wed of the month

Time: 11.30 to 13.30

Location: Ennis Daycare Centre Cuan an Chlair, Cahercalla, Ennis, Co. Clare. V95 P9V9

Contact: Linda Murphy

Phone: 087 87 915 2151

ENNIS DEMENTIA SUPPORT GROUP

Date: Monthly (contact Fiona for details)

Time: 7pm to 9pm

Location: Ennis Day Centre, Cahercalla, Ennis Co Clare

Contact: Fiona Staunton

Phone: 087 252 5791

Contact: fstaunton@alzheimer.ie

CLARE CONNECT CAFE

Date: Last Tuesday of every month

Time: 6.30pm - 8.30pm

Location: Killaloe Ballina Community & Family Resource Centre, The Green, Killaloe, Co Clare V94W7X6

Contact: Afric Devane

Phone: 061374741

Email: reception@kbfrfc.ie

Cork

CORK CITY SUPPORT GROUP

Date: 2nd Wednesday of the month

Time: 3:00pm -4:30pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Vanessa Bradbury Phone: 021 497 2504

Email: vbradbury@alzheimer.ie / amurphy@alzheimer.ie

THE CHRISTMAS MACROOM SOCIAL CLUB

Location: **21st December**

Time: 11pm - 1pm

Macroom Hub, Railway View, Macroom P12HN60

Contact: Clare O'Driscoll

Email: clare.odriscoll@alzheimer.ie

Our Social Club offers a pleasant setting for those living with dementia, as well as their family and caregivers, to enjoy a social morning together. We always extend a warm welcome and have the kettle ready for tea. Music by Local Vocals.

MACROOM MEMORY CAFÉ

Date: Last Monday of every month. (Contact Clare for details)

Time: 11am - 1pm

Location: "Next Door Café", The Castle Hotel, Macroom

Contact: Clare O'Driscoll

Email: clare.odriscoll@alzheimer.ie

Cork

CORK VIRTUAL MUSIC SOCIAL CLUB

Date: Every Tuesday

Time: 12.30-13.30pm

Contact: Lena O'Sullivan

Phone: 085 8701456

Email: lena.osullivan@alzheimer.ie

BESSBORO SATURDAY CLUB

Date: Saturday 09th November

Time: 13:00 to 15:00

Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Joseph Faulkner

Phone: 086 108 6263

Email: joseph.faulkner@alzheimer.ie

SINGING FOR THE BRAIN

Contact: Mary

Phone: 087 462 2216 (mornings)

Email: singing4thebrain@gmail.com

Note:

An in person Social Singing Group for people living with Dementia, Alzheimer's and/or Parkinson's and their Carers. This is on in various locations throughout Cork. Please click View Full Info for location details.

Cork

CARRIGALINE ALZHEIMER CAFE

Date: Second Thursday of every month 14th Nov

Time: 3pm

Locatio: Family Resource Centre Church Road Carrigaline

Contact: Karen Fitzpatrick

Phone: 0873487511

Email: karen.fitzpatrick@alzheimer.ie

BALLINCOLLIG ALZHEIMER CAFE

Date: Third Thursday of every month 21st Nov

Time: 3pm

Location: Chapel Gate Cafe ,Chapel Gate Ballincollig P31XP38

Contact: Karen Fitzpatrick

Phone: 0873487511

Email: karen.fitzpatrick@alzheimer.ie

FERMOY MEMORY CAFÉ

Date: Last Wednesday of every month

Time: 2.30-4.30pm

Location: Adare Hall, Fermoy

Contact: Amy Murphy

Phone: 086 781 2217

Email: amurphy@alzheimer.ie

Limerick

LIMERICK DEMENTIA SOCIAL CLUB

Our Lady of Lourdes Community Centre, Childers Rd. Rosbrien, Limerick.

Phone: 089 493 6982

Email: limerickdementiasc@gmail.com

Note: For Persons with Dementia and their Carers and all seeking support with Dementia. No referral is necessary and people can attend on any club night as they wish.

Kerry

KENMARE ALZHEIMER CAFE

Date: Last Tuesday of Month

Time: 11-13.00

Brook Lane Hotel Gortamullen Kenmare County Kerry V93 T289

Contact: Niamh Murphy Phone: 087 2165104

Email: niamh.murphy@alzheimer.ie

KILLARNEY ALZHEIMER CAFÉ

Date: 3rd Wednesday of Every Month

Time: 11-1pm

Kilcoolaght Killarney, County Kerry V93TW1A

Contact: Michelle O'Shea Phone: 086 883 0577

Email: killarneyalzheimercafe@alzheimer.ie

TRALEE SOCIAL CLUB

Date: 2nd and 4th Friday of each month

Rosemary Day Care Centre, Baile Mhuire (old building), Balloonagh,

Caherslee, Tralee V92 DA03

Contact: Kathriona Sheehan McCarthy Phone: 066 718 0377

Email: Kathriona.mccarthy@alzheimer.ie

Waterford

DUNGARVAN MEMORY CAFE

Date: First Wed of the month

Time: 11am to 1pm

Merrys Gastro Pub Lower Main Street Dungarvan Co. Waterford

Contact: Ann Miller Phone: 087 433 5460

WATERFORD SOCIAL CLUB

Date: 3rd Friday of the month

Time: 11-1pm (Starting 21st April 2023)

Pine Grove Day Care Centre, Passage road, Waterford X91ET10

Contact: Eilis Cantwell Phone: 051 856 831

Email: eilis.cantwell@alzheimer.ie

Tipperary

NENAGH'S MEMORY CAFE

Date: First Thursday of the Month

Time: Time 11am to 1pm

Location: Silver Arch Family Resource Centre, 52 Silver Street, Nenagh, Co. Tipperary, E45P624

Contact: Jennifer Woods Phone: 086 809 6039

NORTH TIPPERARY SUPPORT GROUP

Date: 1st Wednesday of every Month

Time: From 11am till 1pm

Location: Nenagh Library

Contact Jennifer Woods

Phone: 086809603

SOUTH TIPPERARY SUPPORT GROUP

Date: 3rd Tuesday of every Month

Time: From 2pm to 3pm

Location: Nenagh Library

Contact Jennifer Woods

Phone: 086809603

FAMILY CARERS SUPPORT GROUP

Date: Second Friday of each month.

Time: 10.30 to 12.30

Location: in the Court House, Roscrea.

Contact: Catherine cbartels@alzheimer.ie

ASI VIRTUAL CHOIR

Date: Every Tuesday

Time: 2pm - 3pm

Location: Online

Contact: Catherine cbartels@alzheimer.ie

CONNACHT

CALENDAR OF EVENTS



THE **Alzheimer**
SOCIETY OF IRELAND

Galway

Mervue Social Club

Sonass Day Centre 1/3 Walter Macken Flats Mervue H91 X5P6

Contact: Ruche Asana

Phone: 087 372 4569

Tuesday 2pm - 4pm

GALWAY ALZHEIMER CAFE

Date: First Friday of the Month

Time: 2pm - 4pm

Location: Menlo Park Hotel

Contact: Maureen 086 821 1540

GALWAY SUPPORT GROUP

Date: Third Thursday of the Month

Time: 11am - 1pm

Location: The Westside Library, Seamus Quirke Road, Galway

Contact: Joanne Hourigan 087 426 7870

CLARINBRIDGE SOCIAL CLUB

Date: Every Monday

Time: 2pm - 4pm

Location: Scul Sanctuary, Bungalow 9, Kilcornan, Clarinbridge

Contact: Theresa 087 698 5819



Mayo

MAYO SOCIAL CLUB

Date: Every 2nd Friday of the month

Time: 11am-1pm

Location: Castlebar Social Services building
F23 CY67

Contact: Catherine 087 694 2491

Leitrim

SOCIAL CLUB

Date: Every second Friday

Time: 2.30-4.30,

Location: Mohill Library

Contact: Kevin on 087 113 1089

Roscommon

ROSCOMMON SUPPORT GROUP

Date: Last Thursday of the Month

Time: 11am-12pm.

Location: Castlerea Day Centre: F45 A621.

Contact: Marketa Tel: 087 271 5877

ROSCOMMON MEMORY CAFE

Date: Third Wednesday of the month. 20th Nov

Time: 2pm.

Contact: Teresea Keegan

Phone: 087-706-1183

email: teresa@ridc.ie



ROSCOMMON ALZHEIMER CAFE

Date: Third Monday of the month December 16th

Time: 10:30am to 12pm

Location: The Cube Lanesboro Road F45 DX61

Contact: Michelle Shiel

Phone: 087-706-1183

email: michelle.shiel@alzheimer.ie

ROSCOMMON SOCIAL CLUB

Date: Monday December 2nd

Time: 10:30am to 12pm

Location: The Cube Lanesboro Road F45 DX61

Contact: Michelle Shiel

Phone: 087-706-1183

email: michelle.shiel@alzheimer.ie



Sligo

SOCIAL CLUB

Date: Every second Wednesday

Time: 2.30-4.30,

Location: Skreen Dromard Community Centre F91 EYO1

Contact: Erin 087 397 2583

MEMORY CAFE

Date: Third Thursday of the Month

Time: 11am - 1pm

Location: Sligo Park Hotel, F91 Y762

Contact: Clair 085 872 0043

RATHCORMACK SOCIAL CLUB

Date: Every Second Wednesday

Time: 2.30pm - 4.30pm

Location: The Old School Rathcormack F91 XT57

Contact: Erin 087 397 2583

DEMENTIA INCLUSIVE SOCIAL CLUB

Date: Every Second Friday

Time: 2.30pm - 4.30pm

Location: The Library, Mohill. N41 HP29

Contact: Kevin: 087 113 1089

TUBBERCURRY SOUTH SLIGO SOCIAL CLUB

Date: 14th of November

Time: From 1.30 pm - 3 pm

Location: The Tubbercurry family resource centre

Contact: 071 918 6926

SUPPORT GROUP

Date: Last Thursday of the Month

Time: 10:30am - 12:30pm

Location: Lakeview Business park Carraroe, Sligo, F91 XW54

Contact: Debby 087 189 9306

ULSTER

CALENDAR OF EVENTS



THE Alzheimer
SOCIETY OF IRELAND

Cavan

FORGET ME NOT SOCIAL CLUB

Date: First Wednesday of the month

Time: 11am-12.30pm

Location: Castlemanor Community Centre

Contact: Carole 085 266 9542

CAVAN CHOIR

Date: First Sunday of the month

Location: Sullivan centre H12 CF53

Contact: Carole 085 266 9542

SUPPORT GROUP

Date: First Thursday of the month

Time: 7.30pm

Breffni Integrated office Corlurgan Business Park

Contact: Carole 085 266 9542



Donegal

CARNDONAGH SOCIAL CLUB

Colgan Hall F93 EWV3

Wednesday 1pm-3pm

Spraoi agus Spórt F93 EWV3

Bridget 087 0320847 bridget.kelly@alzheimer.ie

BALLYBOFEY SOCIAL CLUB

Date: Every second Tuesday

Time: 11am-1pm

Location: Dunfril House F93 PY98

Contact: Patricia 087 358 6714

patricia.mcmonagle@alzheimer.ie

LETTERKENNY SOCIAL CLUB

Date: Every second Tuesday

Time: 11am-1pm

Location: Silver Tassie Hotel F92 NFP9

Contact: Patricia 087 358 6714

patricia.mcmonagle@alzheimer.ie

BALLYBOFEY ALZHEIMER CAFE

Date: Second Wednesday of the month

Time: 11.30am-1pm

Location: Villa Rose Hotel F93 C2CF

Contact: Christine 087 778 7043 christine.kyohairwe@alzheimer.ie

BALLYSHANNON SOCIAL CLUB

Date: Every 2nd and 4th Monday (14th & 28th October)

Time: 11am-1pm

Location: St Anne's Hall F94 WK70

Contact: Susanna 085 856 5799 susanna.wilson@alzheimer.ie

ULSTER



THE Alzheimer
SOCIETY OF IRELAND

Donegal

LETTERKENNY SUPPORT GROUP FOR FAMILY CARERS OF PEOPLE LIVING WITH DEMENTIA

Date: Last Wednesday of the month

Time: 12:00 - 13:30

Location: The Pastoral Centre, Monastery Avenue, Ard O Donnell, Letterkenny. F92
HP66

Contact: Mena McGill- Dementia Adviser South Donegal 087 6294065
mena.mcgill@alzheimer.ie

Dawn Thompson - Dementia Adviser North Donegal 087 3802957
dawn.thompson@alzheimer.ie

Monaghan

CARRICKMACROSS SOCIAL GROUP

Date: 2nd Monday of the Month

Location: Carrickmacross Library A81 HY83

Contact: Elaine/Siobhan 087 343 2944

MONAGHAN SOCIAL CLUB

Date: Every second Friday

Location: St Joseph's Pastoral Centre Broad Rd.

Mullagh, Monaghan H18 VK77

Contact: Siobhan 087 343 2944

CASTLEBLAYNEY ALZHEIMER CAFE

Date: Last Monday of the Month

Time: 11am-12:30pm

Location: Castleblayney Library Lough Mukno gate
lodge 2 Castleblayney. A75 V383

Contact: Elaine/Martin 087 978 3959

MONAGHAN TOWN SUPPORT GROUP

Date: First Wednesday of the month

Time: 11.30am-1pm

Location: Monaghan Library, Kilnacloy Co. Monaghan H18 RP20

Contact: Elaine/Martin 087 978 3959



UPCOMING EVENTS



Official Date for ASI Jumper Day 12th December