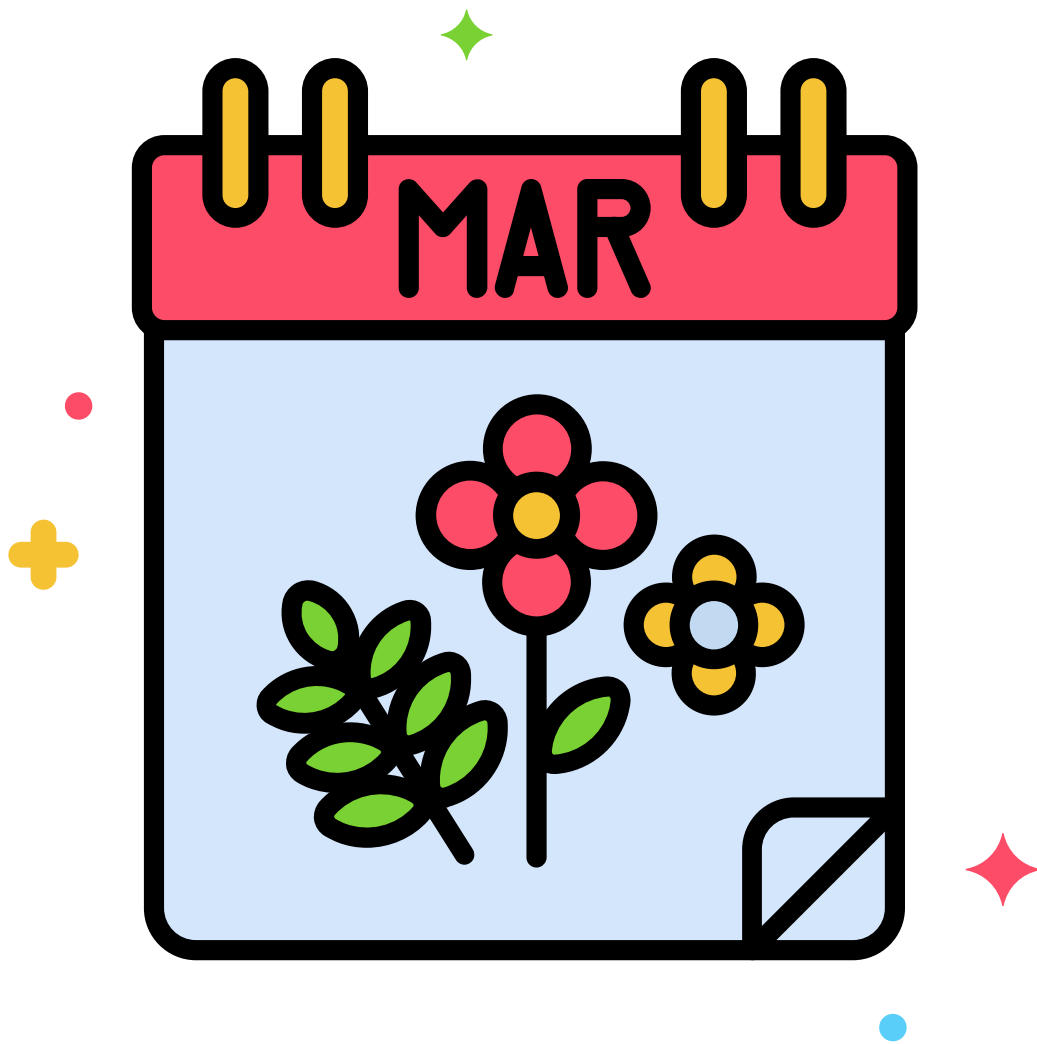




THE Alzheimer  

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SOCIETY OF IRELAND



2026

Calendar of Activities

# Q



THE **Alzheimer**  
SOCIETY OF IRELAND

## Carlow

### **CABIN CAFE**

In association with the Carlow Older Persons Forum

Date: 1st Tues of every month (Mar 3rd)

Location: The Old School House Barracks St Carlow R93 YW10

Contact: Margaret on 087 8380018

### **CARLOW SOCIAL CLUB**

Date: 3rd Friday of every month (Mar 13th)

Time: 11- 1pm Location: Bethany House

Contact: Please contact [friendsofasi@alzheimer.ie](mailto:friendsofasi@alzheimer.ie)

# LEINSTER

# CALENDAR OF EVENTS



THE Alzheimer  
SOCIETY OF IRELAND

## North Dublin

### **CASTLEKNOCK SOCIAL CLUB**

Date: Second Tuesday of Every Month (Mar 10th)

Time: 10am – 12 noon

Location: Castleknock Community Centre, Laurel Lodge Road, Carpenterstown, Castleknock, Co. Dublin. D15T3PN

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

### **NORTH COUNTY DUBLIN SOCIAL CLUB**

Date: 1st Tuesday of each month (Mar 03rd)

Time: 11am - 1pm

Location: Bracken Court Hotel, Bridge St, Balbriggan, Co. Dublin, K32 DK88

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

### **CLONTARF SOCIAL CLUB**

Date: Weekly on Monday

Time: 1pm - 3pm

Location: St. Anthony's House St. Anthony's Church Grounds, St. Lawrence Road Clontarf Dublin 3, D03TY23

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

## North Dublin

### **CUPAN TAE MEMORY CAFÉ**

Date: 2nd Wednesday every month (Mar 11th)

Time: 2pm – 4pm

Location: Naomh Barrog GAA Club, Kilbarrack Parade, Kilbarrack Upper, Dublin 5, D05DY65

Contact: [cupantae@alzheimer.ie](mailto:cupantae@alzheimer.ie)

### **MAKING MEMORIES CAFÉ**

Date: Last Tuesday of each month (Mar 31st)

Time: 11am - 1pm

Location: Whitehall Colmcilles, GAA Club (Puck Lane) Collins Avenue, Dublin 9 D09 W688

Contact: [Amanda.wilkinson@hse.ie](mailto:Amanda.wilkinson@hse.ie) 086 044 9627

### **COFFEE ‘N’ CHAT” IN ALBERT COLLEGE PARK**

Date: 1st Wednesday of each month (Mar 4th)

Time: 10:30am-12:00pm

Location: The Tram Café, Hampstead Avenue, Dublin 9, D09 C6DY

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569

### **COFFEE ‘N’ CHAT” IN ST ANNE’S PARK**

Date: 2nd Wednesday of each month (Mar 11th)

Time: 10:30am-12:00pm

Location: Olive’s Room, The Red Stables, Clontarf East, Dublin 5

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569

## North Dublin

### **SWORDS ACTIVITY CLUB**

**Date:** Weekly Every Tuesday

**Time:** 10:30am-12:30pm

**Location:** Liam Rodgers Community Centre, Feltrim Road, Swords, Co. Dublin, K67  
A0Y1

**Contact:** Iliyana Boykova

**Email:** [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

**Phone:** 087 372 4569

## South Dublin

### **UNDER 65 FAMILY CARER SUPPORT GROUP**

Date: Last Tuesday of each month (Mar 31st)

Time: 8pm and 10pm.

Location: Clonmacnoise Day Care, Our Lady's Hospice, Harold's Cross, Dublin 6W,  
D6WRY72

Contact: Adrienne McAvinue 086 838 1215 [adrienne.mcavinue@alzheimer.ie](mailto:adrienne.mcavinue@alzheimer.ie)

Frances Redmond 086 792 6766

### **LUCAN SOCIAL CLUB**

Date: Every Wednesday

Time: 1.30pm to 3.30 pm

Location: St Marys Parish Centre, Lucan

Contact: Adrienne McAvinue 086 838 1215

[adrienne.mcavinue@alzheimer.ie](mailto:adrienne.mcavinue@alzheimer.ie)

### **KILNAMANAGH SOCIAL CLUB**

Date: Every Friday

Time: 10.30 am to 12.30 pm

Location: Kilnamanagh Family Resource Centre, Treepark Rd, Kilnamanagh, Dublin 24

Contact: Adrienne McAvinue

Phone: 086 838 1215

Email: [adrienne.mcavinue@alzheimer.ie](mailto:adrienne.mcavinue@alzheimer.ie)

### **BLOOMFIELD ACTIVITY CLUB**

Date: Every Tuesday

Time: 10:30 - 12:30

Location: 16 Stocking Ln, Rathfarnham, Dublin, 16

Contact: Adrienne McAvinue [adrienne.mcavinue@alzheimer.ie](mailto:adrienne.mcavinue@alzheimer.ie)

Phone: 086 838 1215

## South Dublin

### **WEST DUBLIN ACTIVITY CLUB**

Date: Every Tuesday

Time: 2pm to 4pm

Location: Bawnogue Youth & Community Centre Bawnogue Road  
Clondalkin Dublin 22 D22 DY68

Contact: Debbie Kenny [debbie.kenny@alzheimer.ie](mailto:debbie.kenny@alzheimer.ie)

### **HAROLDS CROSS CAFÉ**

Date: First Tuesday of every month (Mar 3rd)

Time: 7pm to 9pm

Location: Our Lady's Hospice & Care Services, Harolds  
Cross. D6W RY72

Contact: Edel Byrne

Phone: 086 820 4017

Email: [ebyrne@alzheimer.ie](mailto:ebyrne@alzheimer.ie)

### **RINGSEND-IRISHTOWN MEMORY CAFÉ**

Date: Last Wednesday of each month (Mar 25th)

Time: 2pm - 4pm

Location: Ringsend & Irishtown Community Centre, Thorncastle Street, Dublin 4, D04  
P4F3

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569

### **COFFEE 'N' CHAT" IN HERBERT PARK**

Date: 4th Wednesday of each month (Mar 25th)

Time: 10:30am-12:00pm

Location: Lolly and Cooks, 23 Herbert Park, Dublin 4, D04 W6Y2

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569

## South Dublin

### CLONSKEAGH ACTIVITY CLUB

**Date:** Weekly Every Friday

**Time:** 11am to 1pm

**Location:** TBC - Contact Iliyana

**Contact:** Iliyana Boykova

**Email:** [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

**Phone:** 087 372 4569

### RINGSEND ACTIVITY CLUB

**Date:** Weekly Every Thursday

**Time:** 10:30am-12:30pm

**Location:** Ringsend & Irishtown Community Centre, Thorncastle Street, Dublin 4, D04 P4F3

**Contact:** Iliyana Boykova

**Email:** [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

**Phone:** 087 372 4569

### FRASCATI COFFEE 'N' CHAT

**Date:** Weekly Every Monday

**Time:** 10:30am-12:30pm

**Location:** Kay's Kitchen, Frascati Centre, Frascati Rd, Blackrock, A94 Y2W6

**Contact:** Iliyana Boykova

**Email:** [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

**Phone:** 087 372 4569

# LEINSTER

## Longford



### **LONGFORD ALZHEIMER CAFÉ**

Date: Last Wednesday of the Month (Mar 25th)

Time: 7pm-8.30pm

Location: No 2 Earl Street, Longford. N39N254

Contact: Eileen Kilbride 085 872 4455

### **LONGFORD SWEET MEMORIES DEMENTIA CHOIR**

Date: Second Last Monday of the Month (Mar 23rd)

Time: 12pm tp 1:30pm

Contact: Martina Logan 086 6076879 / Claire Harte: 0873951693

### **LONGFORD SUPPORT GROUP**

Date: 2nd Wednesday of the Month (Mar 11th)

Time: 7pm-8pm

Location: No 2 Earl Street, Longford. N39N254 Contact: Breda Dunne 086 380 2183

## Louth

### **BIRCHES SOCIAL CLUB**

Date: Third Sat of each month (Mar 14th)

Time: 11am to 1pm

Location: St Joseph's Redemptorist Monastery, Community Centre," St Alphonsus Road Dundalk. Co Louth

Contact: Olive Joyce Phone: 042 935 1388

### **FAMILY SUPPORT GROUP**

Date: First Tuesday of every month (Mar 3rd)

Time: 7pm

Location: "The Birches" Alzheimer Day Centre

Contact: Olive Joyce Phone: 042 935 1388

### **DUNDALK MEMORY CAFE**

Date: Second Tuesday of the month (Mar 10th)

Time: 2:30pm to 3:30pm

Location: Louth Co Library, Roden Pl, Townparks, Dundalk Co. Louth

Contact: Maeve Montgomery Phone: 087 748 9258

Email: [mmontgomery@alzheimer.ie](mailto:mmontgomery@alzheimer.ie)

### **DUNDALK ACTIVITY CLUB**

Date: Monthly

Contact: Olive Joyce

Phone: 042 935 1388

Email: [ojoyce@alzheimer.ie](mailto:ojoyce@alzheimer.ie)

## Louth

### **DUNDALK SUPPORT GROUP**

Date: First Tuesday of every month (Mar 3rd)

Time: 7pm

Location: The Birches Alzheimer Day Care Centre, Priorland Road, Dundalk, Louth

Contact: Olive Joyce Phone: 042 935 1388

### **TREDAGH LODGE SATURDAY SOCIAL CLUB**

Date: Third Sat of every month (Mar 14th)

Time: 11:00am - 1:00pm

Location: Tredagh Lodge Day Care Centre, Newtown Link Road, Greenhills, Drogheda, Co. Louth. A92PYV9

Contact: Sinead Reynolds

email: [sinead.reynolds@alzheimer.ie](mailto:sinead.reynolds@alzheimer.ie) Phone: 041-9841311 / 087-2229356

### **SOUTH LOUTH MEMORY CAFÉ**

Date: Second Tuesday of the month (Mar 10th)

Time: 11am

Location: Drogheda Library, Stockwell Lane, Drogheda, Co Louth

Contact: Sinead Reynolds Phone: 087 748 9258 Email: [sinead.reynolds@alzheimer.ie](mailto:sinead.reynolds@alzheimer.ie)

### **Drogheda Memory Café**

Date: Second Tuesday of every month (Mar 10th)

Time: 11am

Location: The Drogheda Library, Stockwell Lane, Drogheda, Co Louth

Contact: Sinead Reynolds - 087 222 9356

## Laois

### **LAOIS ALZHEIMER FAMILY SUPPORT GROUP**

Date: Third Wednesday of every month (Mar 18th)

Time: 6:30pm - 8:30pm

Location: Dunamais Arts Centre, Portlaoise

Contact: Grainne Roche Duff 087 607 5037

### **LAOIS ALZHEIMER CAFÉ**

Date: Last Thursday of every month (Mar 26th)

Time: 11am - 1pm

Location: Dunamais Arts Centre, Portlaoise

Contact: Grainne Roche Duff 087 607 5037

## Meath

### **MEATH ALZHEIMER CAFÉ**

Date: First Wednesday of each month (Mar 4th)

Time: 7pm to 9pm

Location: Dunshaughlin Pastoral Centre Main St, Dunshaughlin Co. Meath A85 XA09

Contact: Marie Brennan Phone 087-346 5198 Email: [marie.brennan@alzheimer.ie](mailto:marie.brennan@alzheimer.ie)

### **NAVAN SATURDAY SOCIAL CLUB**

Date: 2nd Saturday of every month (Mar 14th)

Time: 11am-1 pm

Location: Whistlemount Day Care, 6 Liscarton Villa's, Kells Rd, Navan, Meath, C15 PD35

Contact: Liam Burke Phone: 087 974 0871 Email: [liam.burke@alzheimer.ie](mailto:liam.burke@alzheimer.ie)

## **RATOATH SOCIAL CLUB**

Date: Last Friday of every month (Mar 27th)

Time: 11am-1pm

Location: Ratoath Community Centre, Main St, Ratoath, Co. Meath

Contact: Liam Burke Phone: 087 974 0871 Email: [liam.burke@alzheimer.ie](mailto:liam.burke@alzheimer.ie)

## Offaly

### **DEMENTIA CAFE AND SUPPORT GROUP**

Date: Third Wednesday of the Month (Mar 18th)

Time: 2pm - 4pm

Location: Parish Centre, Tullamore, Co Offaly

Contact: Noirin Chalouche 087 9553 940 [Noirin.chalouche@alzheimer.ie](mailto:Noirin.chalouche@alzheimer.ie)

## Westmeath

### **ATHLONE SUPPORT GROUP**

Date: Last Tuesday of each month (Mar 31st)

Time: 7pm to 8pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

### **MULLINGAR SUPPORT GROUP**

Date: First Thursday of each month (Mar 5th)

Time: 6.30pm-7.30pm

Location: Mullingar Library

Contact: Johanna Bennett 086 6075089

## **ATHLONE SOCIAL CLUB**

Date: Every second Wednesday (Mar 4th & 18th)

Time: 11am-1pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

## **MULLINGAR SOCIAL CLUB**

Date: Every Friday

Time: 11am-1pm

Location: Mullingar Bridge and Amenity Centre, N91 WD96

Contact: Eileen Kenny 085 872 3720

# Wexford

## **ACTIVITY GROUP**

Date: Weekly on Tuesdays

Time: 11am - 3:30pm

Location: The Lodge Castle Gardens Drumgoold Enniscorthy, Co.  
Wexford, Y21 D2E7

Contact: Clare O'Leary Phone: 087 647 0149

Email: [clare.oleary@alzheimer.ie](mailto:clare.oleary@alzheimer.ie)

## **ACTIVITY GROUP**

Date: Weekly on Thursdays

Time: 10am - 1pm

Location: The Lodge Castle Gardens Drumgoold Enniscorthy, Co.  
Wexford, Y21 D2E7

Contact: Clare O'Leary Phone: 087 647 0149

Email: [clare.oleary@alzheimer.ie](mailto:clare.oleary@alzheimer.ie)

## Wexford

### **SOCIAL CLUB**

Date: Every Tuesday

Time: 10am to 12pm

Location: Mc Dermott Street, Gorey, County Wexford, Y25KT98, Ireland  
(South East Region)

Contact: Charlene Callanan - [charlene.callanan@alzheimer.ie](mailto:charlene.callanan@alzheimer.ie)

Phone: +353 (87) 397 6290

### **SOCIAL CLUB**

Date: Every Tuesday

Time: 2pm to 4:45pm

Location: Mc Dermott Street, Gorey, County Wexford, Y25KT98, Ireland  
(South East Region)

Contact: Charlene Callanan - [charlene.callanan@alzheimer.ie](mailto:charlene.callanan@alzheimer.ie)

Phone: +353 (87) 397 6290

## Wicklow

### **ARKLOW SOCIAL CLUB**

Date: Second Monday of the month (Mar 9th)

Time: 2pm - 4pm

Location: Arus Lorcaín

Contact: Michelle Bardon 087-3182956 Email: [michelle.bardon@alzheimer.ie](mailto:michelle.bardon@alzheimer.ie)

# MUNSTER

# CALENDAR OF EVENTS



THE Alzheimer  
SOCIETY OF IRELAND

## Clare

### **CLARE MEMORY CAFÉ**

Date: Third Wed of the month (Mar 18th)

Time: 11.30 to 13.30

Location: Ennis Daycare Centre Cuan an Chlair, Cahercalla, Ennis, Co. Clare. V95 P9V9

Contact: Linda Murphy

Phone: 087 87 915 2151

### **ENNIS DEMENTIA SUPPORT GROUP**

Date: Monthly (contact Melissa for details)

Time: 7pm to 9pm

Location: Ennis Day Centre, Cahercalla, Ennis Co Clare

Contact: Melissa Kenny

Contact: [Melissa.Kenny@alzheimer.ie](mailto:Melissa.Kenny@alzheimer.ie)

### **CLARE CONNECT CAFE**

Date: Last Tuesday of every month (Mar 31st)

Time: 6.30pm - 8.30pm

Location: Killaloe Ballina Community & Family Resource Centre, The Green, Killaloe, Co Clare V94W7X6

Contact: Afric Devane

Phone: 061374741

Email: [reception@kbfrc.ie](mailto:reception@kbfrc.ie)

## Cork

### **CORK CITY SUPPORT GROUP**

Date: 2nd Wednesday of the month (Mar 11th)

Time: 3pm -4:30pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Vanessa Bradbury Phone: 021 497 2504

Email: vbradbury@alzheimer.ie / amurphy@alzheimer.ie

### **MACROOM MEMORY CAFÉ**

Date: Fourth Monday of the month. (Mar 23rd)

Time: 11am - 1pm

Location: "Next Door Café", The Castle Hotel, Macroom

Contact: Judy Nicoll

Email: judy.nicoll@alzheimer.ie

### **BESSBORO SATURDAY CLUB**

Contact: Justin Eguoritse

Email: justin.eguaritse@alzheimer.ie

Time: 1pm - 3pm

Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

### **SINGING FOR THE BRAIN MACROOM**

Date: Every Wednesday

Time: 11am - 1pm

Location: The Castle Hotel, Main Street, Macroom, Co. Cork, P12 X293

Contact: Lucy O' Driscoll 087 6114282

### **CORK ACTIVITY CLUB**

Date: Every Thursday

Time: 11am – 1pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Justin Eguoritse - justin.eguaritse@alzheimer.ie

## Cork

### **MUSICAL MELODIES**

Date: First Friday of the Month (Mar 6th)

Time: 11:00 - 12:30

Location: Millstreet Day Centre Clara Road, Millstreet, Co. Cork P51 RY10

Contact: Marie Gallagher

Phone: 086 2396057

Email: [mgallagher@alzheimer.ie](mailto:mgallagher@alzheimer.ie)

### **BESSBORO SOCIAL CLUB**

Date: Monthly on a Saturday - Contact Mary

Time: 1pm - 3pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Mary Hennessy 021 4972504

### **TEACH MHUIRE ACTIVITY CENTRE**

Date: Every Tuesday

Location: Teach Mhuire Health Centre, Old Youghal Road, Mayfield, Co. Cork  
T23Y820

Contact: Karen Fitzpatrick 021 4972504

### **CARRIGALINE ALZHEIMER CAFE**

Date: Second Thursday of the month (Mar 12th)

Time: 3pm

Locatio: Family Resource Centre Church Road Carrigaline

Contact: Karen Fitzpatrick - 0873487511 - [karen.fitzpatrick@alzheimer.ie](mailto:karen.fitzpatrick@alzheimer.ie)

### **BALLINCOLLIG ALZHEIMER CAFE**

Date: Third Thursday of the month (Mar 19th)

Time: 3pm

Location: Chapel Gate Cafe ,Chapel Gate Ballincollig P31XP38

Contact: Karen Fitzpatrick - 0873487511 - [karen.fitzpatrick@alzheimer.ie](mailto:karen.fitzpatrick@alzheimer.ie)

# MUNSTER



## Cork

### **FERMOY MEMORY CAFÉ**

Date: Last Wednesday of every month (Mar 25th)

Time: 2.30-4.30pm

Location: Adare Hall, Fermoy

Contact: Amy Murphy - 086 781 2217 - [amurphy@alzheimer.ie](mailto:amurphy@alzheimer.ie)

### **ACTIVITY CLUB FOR EARLY STAGES**

Date: Every Thursday

Time: 11 am - 1 pm

Location: Desmond Complex Gortboy Newcastlewest Limerick

Contact: Linda 087 981 7525 / Norma 087 765 2152

### **DESMOND MEMORY CLUB**

Date: First Wednesday of the month (Mar 4th)

Time: 11 am - 1 pm

Location: Desmond Complex Gortboy Newcastlewest Limerick

Contact: 061 62757

For people living with memory issues and thier carers and all seeking support around dementia and cognitive impairment

### **LIMERICK DEMENTIA SOCIAL CLUB**

Our Lady of Lourdes Community Centre, Childers Rd. Rosbrien, Limerick.

Phone: 089 493 6982

Email: [limerickdementiasc@gmail.com](mailto:limerickdementiasc@gmail.com)

Note: For Persons with Dementia and their Carers and all seeking support with Dementia. No referral is necessary and people can attend on any club night as they wish.

## Kerry

### **KENMARE ALZHEIMER CAFE**

Date: Last Tuesday of the Month (Mar 24th)

Time: 11-13.00

Location: New Location - Contact Niamh

Contact: Niamh Murphy Phone: 087 2165104

Email: [niamh.murphy@alzheimer.ie](mailto:niamh.murphy@alzheimer.ie)

## **KILLARNEY ALZHEIMER CAFÉ**

Date: Third Wednesday of each month (Mar 11th)

Time: 11-1pm

Kilcoolaght Killarney, County Kerry V93 VXY8

Contact: Michelle O'Shea Phone: 086 883 0577

Email: [killarneyalzheimercafe@alzheimer.ie](mailto:killarneyalzheimercafe@alzheimer.ie)

# Waterford

## **DUNGARVAN MEMORY CAFE**

Date: First Wed of the month (Mar 4th)

Time: 11am to 1pm

Merrys Gastro Pub Lower Main Street Dungarvan Co. Waterford

Contact: Ann Miller Phone: 087 433 5460

## **WATERFORD SOCIAL CLUB**

Date: Weekly on Fridays

Time: 10am - 12pm

Pine Grove Day Care Centre, Passage road, Waterford X91ET10

Contact: Marie Smyth [086 1216535](tel:0861216535)

Email: [marie.smyth@alzheimer.ie](mailto:marie.smyth@alzheimer.ie)

## **MEMORY CAFE**

Date: First Thursday of the month (Mar 5th)

Time: 11am to 1pm

Location: Danny's Bar, Main Street, Kilmacthomas, Co. Waterford, X42 C588

Contact: Marie Smyth - 086 121 6535 - [marie.smyth@alzheimer.ie](mailto:marie.smyth@alzheimer.ie)

Anne Marie Veale, 087 238 8444

## Tipperary

### **NENAGH'S MEMORY CAFE**

Date: First Thursday of the Month (Mar 5th)

Time: Time 11am to 1pm

Location: Silver Arch Family Resource Centre, 52 Silver Street, Nenagh, Co. Tipperary, E45P624

Contact: Jennifer Woods Phone: 086 809 6039

### **NENAGH'S ACTIVITY CLUB**

Date: Every Wednesday!

Time: Time 10:30am - 12:30pm

Location: Nenagh GAA Club Nenagh North, Tipperary E45 HY06

Contact: Jennifer Woods Phone: 086 809 6039

### **NORTH TIPPERARY SUPPORT GROUP**

Date: Last Wednesday of every Month (Mar 25th)

Time: From 11am till 1pm

Location: Nenagh Library

Contact Jennifer Woods

Phone: 086809603

### **CLONMEL SUPPORT GROUP**

Date: Third Tuesday of the month (Mar 17th)

Time: TBC

Location: Le Chairde Day Care Centre, Tipperary

Contact: Catherine Phone: 086 0490548

Note: Pre-booking is required

## Tipperary

### **CLONMEL PEER SUPPORT GROUP FOR PEOPLE WITH EARLY DEMENTIA**

Date: Every Wednesday

Time: 10.30-12.00

Location: Place 4U, Clonmel (Coffee & Chat)

Contact: Anne : 087 0550050

### **FAMILY CARERS SUPPORT GROUP**

Date: Second Friday of each month. (Mar 13th)

Time: 10.30 to 12.30

Location: in the Court House, Roscrea.

### **ROSEMARY DEMENTIA CAFÉ**

Date : First Tuesday of each Month (Mar 3rd)

Time : 11:30-1pm

Location : Millennium Family Resource Centre , Glengoole, Thurles, Co.

Tipperary E41AO65.

Contact : Alice Teehan 083-1014313 Email: [eldercare@mfrfc.ie](mailto:eldercare@mfrfc.ie)

### **GLENGOOLE ACTIVITY CLUB**

Date: Every Friday

Time: 10.00am-2.00pm

Location: Millenium Resource Centre

Glengoole, Co Tipperary

Contact: Sandra Power 087 384 2342

# CONNACHT

## CALENDAR OF EVENTS



THE **Alzheimer**  
SOCIETY OF IRELAND

### Galway

#### **GALWAY ALZHEIMER CAFE**

Date: First Friday of the Month (Mar 6th)

Time: 2pm - 4pm

Location: Connacht Hotel

Contact: Bertie 087 342 8663

#### **GALWAY SUPPORT GROUP**

Date: Third Thursday of the Month (Mar 19th)

Time: 11am - 1pm

Location: The Westside Library, Seamus Quirke Road, Galway

Contact: Bertie Reaney 0873428663

#### **CLARINBRIDGE SOCIAL CLUB**

Date: Every Monday

Time: 2pm - 4pm

Location: Scuul Sanctuary, Bungalow 9, Kilcornan, Clarinbridge

Contact: Teresa 087 188 8177

# CONNACHT



THE **Alzheimer**  
SOCIETY OF IRELAND

## Galway

### **GALWAY ACTIVITY CLUB**

Date: Weekly Thursday

Time: 10am to 2pm

Location: Cancer Centre Main Street Ballinasloe

Contact: Niamh Lynch

Phone: 086 1450513

Email: [niamh.lynch@alzheimer.ie](mailto:niamh.lynch@alzheimer.ie)

### **MERVUE SOCIAL CLUB**

Date: Tuesdays

Time: 2pm - 4pm

Location: The Cope Bungalow Suaimhneas Walter Macken Road Mervue,  
Galway H91 D25W

Contact: Joy Samson

Phone: 087 189 4532

### **CLARINBRIDGE SOCIAL CLUB**

Date: Every Monday

Time: 2pm - 4pm

Location: Sccul Sanctuary, Bungalow 9, Kilcornan, Clarinbridge

Contact: Theresa 087 698 5819

## Galway

### **CLIFDEN ALZHEIMER CAFE**

Date: Second Monday of the month. (Mar 9th)

Time: 11am-1pm.

Location: Clifden District Hospital, Hospital Road, Clifden, Co. Galway. H71 YV83

Contact: Teresa Connelly Phone: 087 721 2329

### **MEMORY CAFE OUGHTERARD**

Date: Monthly service – day & times may vary

Time: 11am-3pm.

Location: Lake Hotel Oughterard

Contact: Nea 086 130 4327

## Mayo

### **BALLINROBE MEMORY CAFE**

Date: First Tuesday of the month (Mar 3rd).

Time: 11am-12.30pm

Location: Tacu Family Resource Centre, Credit Union House, Ballinrobe, F31 KT57

Contact: Marie Philbin Phone: 087 170 8706

### **CASTLEBAR SOCIAL CLUB**

Date: Weekly on a Friday

Time: 11am-1pm

Location: Castlebar Social Services building F23 CY67

Contact: Catherine 087 694 2491

### **CASTLEBAR ACTIVITY CLUB**

Date: First Thursday of the Month (Mar 5th)

Time: 10am - 1pm

Location: Lough Lannagh F23 VW73

Contact: Marie - [marie.philbin@alzheimer.ie](mailto:marie.philbin@alzheimer.ie) - 087 170 8706

### **KILLALA ACTIVITY CLUB**

Date: Second Tuesday of the Month (Mar 10th)

Time: 11am - 1pm

Location: Community Centre F26 C9K8 Contact:

Marie - [marie.philbin@alzheimer.ie](mailto:marie.philbin@alzheimer.ie) - 087 170 8706



## Leitrim

### **MOHILL SOCIAL CLUB**

Date: Every second Friday (Mar 13th & 27th)

Time: 2.30-4.30

Location: Mohill Library

Contact: Sinead 087 068 0714

### **LEITRIM ALZHEIMER CAFE**

Date: Fourth Thursday of the month (Mar 26th).

Time: 11 am - 1 pm

Location: The Commercial & Tourist Hotel, Ballinamore, Co. Leitrim, N41 AE10

Contact: Mary Shanley 087 002 4190

### **LEITRIM MEMORY CAFE**

Date: Last Tuesday of every month (Mar 24th)

Time: 11 am - 1 pm

Location: Carrick Cineplex, Sligo Road, Cortober, Carrick-On-Shannon, Co.

Roscommon, N41 E6P7

Contact: sharon.richardson@hse.ie

### **CARRICK-ON-SHANNON SOCIAL CLUB**

Location: Carrick-on-Shannon Library, Birdge Street N41 X048

Date: Every Second Monday (Mar 9th & 23rd)

Time: 11am-1pm

Contact: Sinead 087 068 0714



## Roscommon

### **ROSCOMMON SUPPORT GROUP**

Date: Fourth Thursday of the Month (Mar 26th)

Time: 11am-12pm.

Location: Castlerea Day Centre: F45 A621.

Contact: Clodagh 087 440 8218

### **ROSCOMMON MEMORY CAFE**

Date: Third Wednesday of the month (Mar 18th)

Time: 2pm.

Location: Lough Key

Contact: Teresa Keegan

Phone: 087-706-1183

email: [teresa@ridc.ie](mailto:teresa@ridc.ie)

### **ROSCOMMON ALZHEIMER CAFE**

Date: Fourth Monday of the month (Mar 23rd)

Time: 10:30am to 12pm

Location: The Cube Lanesboro Road F42 DX61

Contact: Clodagh 087 440 8218

### **ROSCOMMON SOCIAL CLUB**

Date: Second Monday of the month (Mar 9th)

Time: 10:30am to 12pm

Location: The Cube Lanesboro Road F42 DX61

Contact: Clodagh 087 440 8218

### **ROSCOMMON EARLY ONSET ACTIVITY CLUB**

Date: Every Tuesday

Time: 11am-2pm

Location: Drum Parish Hall, Taduff East, N37 A7Y8

Contact: Niamh 086 145 0513



## Sligo

### **MEMORY CAFE**

Date: Third Thursday of the Month (Mar 19th)

Time: 11am - 1pm

Location: Sligo Park Hotel, F91 Y762

Contact: Clair 085 872 0043

### **RATHCORMACK SOCIAL CLUB**

Date: Every Second Wednesday (Mar 4th & 18th)

Time: 2.30pm - 4.30pm Location:

The Old School Rathcormack F91 XT57

Contact: Clair 085 872 0043

### **TUBBERCURRY SOUTH SLIGO SOCIAL CLUB**

Date: Second Thursday of the Month (Mar 12th)

Time: From 1.30 pm - 3 pm

Location: The Tubbercurry family resource centre

Contact: 071 918 6926

### **FAMILY CARER SUPPORT GROUP**

Date: Last Thursday of the Month (Mar 26th)

Time: 10:30am - 12:30pm

Location: Lakeview Business park Carraroe, Sligo, F91 XW54

Contact: Debby 087 189 9306

### **YOUNGER ONSET ACTIVITY CLUB:**

Date: Monthly Saturday - Contact Clair

Time: 10am-3pm

Location: Aughamore, Sligo, F91 XW54

Contact: Clair 085 872 0043



## Sligo

### **EARLY ONSET ACTIVITY CLUB**

Date: Every Wednesday

Time: 2.30pm-4.30pm

Location: Aughamore, Sligo, F91 XW54

Contact: Rebecca 087 271 5877

### **COGNATIVE STIMULATION THERAPY**

Date: Weekly Friday

Time: 10am-3pm

Location: Aughamore, Sligo, F91 XW54

Contact: Rachel 087 621 3044

# ULSTER

# CALENDAR OF EVENTS



THE *Alzheimer*  
SOCIETY OF IRELAND

## Cavan

### **FORGET ME NOT SOCIAL CLUB**

Date: First Wednesday of the month (Mar 4th)

Time: 11am-12.30pm

Location: Castlemanor Community Centre

Contact Carole 085 266 9542

### **CFORGET ME NOT CHOIR**

Date: First Sunday of the month (Mar 1st)

Location: Sullivan Centre H12 CF53

Contact: Millie 087 142 4432

### **SUPPORT GROUP**

Date: First Thursday of the month (5<sup>th</sup> Mar) - Contact Carole

Time: 7.30 pm

Location: CCLD Office, Corlurgan Business Park

Contact: Carole 085 266 9542

### **Young Onset Activity Club**

Date: Every Tuesday

Time: 10am-1pm

Location: Cathedral Road, Cavan day centre, H12 CF53

Contact: Millie 087 142 4432



## Donegal

### **CARNDONAGH SOCIAL CLUB**

Date: Wednesdays

Time: 1pm-3pm

Location: Spraioi agus Spórt F93 EWV3

Contact: Bridget - 087 0320847 - [bridget.kelly@alzheimer.ie](mailto:bridget.kelly@alzheimer.ie)

### **BALLYBOFEY SOCIAL CLUB**

Date: Every Second Tuesday (Mar 3rd, 17th & 31st)

Time: 11am-1pm Location: Dunfril House F93 PY98

Contact: Patricia 087 358 6714 [patricia.mcmonagle@alzheimer.ie](mailto:patricia.mcmonagle@alzheimer.ie)

### **LETTERKENNY SOCIAL CLUB**

Date: Every second Tuesday (Mar 3rd, 17th & 31st)

Time: 11am-1pm

Location: Silver Tassie Hotel F92 NFP9

Contact: Patricia 087 358 6714

[patricia.mcmonagle@alzheimer.ie](mailto:patricia.mcmonagle@alzheimer.ie)

### **BALLYBOFEY ALZHEIMER CAFE**

Date: Second Wednesday of Every month (Mar 11th)

Time: 11.30am-1pm

Location: Villa Rose Hotel F93 C2CF

Contact: Christine 087 778 7043 [christine.kyohairwe@alzheimer.ie](mailto:christine.kyohairwe@alzheimer.ie)

# ULSTER



THE Alzheimer  
SOCIETY OF IRELAND

## Donegal

### **BALLYSHANNON SOCIAL CLUB**

Date: Every Monday

Time: 11am-1pm

Location: St Anne's Hall F94 WK70

Contact: Elizabeth 085 856 5799

### **Letterkenny Activity Club**

Date: Every Friday

Time: 11am- 3pm

Location: Letterkenny community centre, Pearse Road, F92 K060

Contact: Veronica 087 188 7932

## Monaghan

### **CARRICKMACROSS SUPPORT GROUP**

Date: Second Monday of the Month (Mar 9th)

Time: 6pm-7.30pm

Location: Carrickmacross Library A81 HY83

Contact: Siobhan 087 343 2944

### **MONAGHAN SOCIAL CLUB**

Date: Every second Friday - Contact Siobhan

Time: 11am-1pm

Location: St Joseph's Pastoral Centre, Broad Rd.

Mullagh, Monaghan H18 VK77

Contact: Siobhan 087 343 2944

### **CASTLEBLAYNEY MEMORY CAFE**

Date: Last Monday of the Month (Mar 30th)

Time: 11am-12:30pm

Location: Castleblayney Library Lough Mukno gate

lodge 2 Castleblayney A75 V383

Contact: Martin 087 381 5969

### **MONAGHAN TOWN SUPPORT GROUP**

Date: First Wednesday of the month (Mar 4th)

Time: 6.30pm-7.30pm

Location: Monaghan Library, Kilnacloy Co. Monaghan H18 RP20

Contact: Martin 087 381 5969



# UPCOMING EVENTS

## SINGING FOR THE BRAIN

CONTACT: MARY

PHONE: 087 462 2216 (MORNINGS)

EMAIL: [SINGING4THEBRAIN@GMAIL.COM](mailto:SINGING4THEBRAIN@GMAIL.COM)

NOTE: AN IN-PERSON SOCIAL SINGING GROUP FOR PEOPLE LIVING WITH DEMENTIA, ALZHEIMER'S AND/OR PARKINSON'S AND THEIR CARERS. THIS IS ON IN VARIOUS LOCATIONS THROUGHOUT CORK. PLEASE CLICK VIEW FULL INFO FOR LOCATION DETAILS.