



# Creating a Dementia Inclusive GENERATION

A youth programme to educate the young people of Ireland about brain health, function and dementia presented by the Alzheimer Society of Ireland



THE Alzheimer  
SOCIETY OF IRELAND



GAISCE  
CHALLENGE  
PARTNER



The Alzheimer Society of Ireland  
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# Teacher Feedback

"Students see they can **make a difference today**, by staying active, caring for their mental health, and talking openly at home."

"A big hit with TYs, fun, engaging, and **brilliant for self-directed learning**."

# Student Feedback

"I never knew dementia could affect young people. **It really opened my eyes.**"

"It made me **think differently** about my own future."

"I didn't realise **dementia isn't just one illness.**"



## 1 IN 3 YOUNG PEOPLE

know someone living with dementia, and increasingly, this is a parent/guardian.



## DEMENTIA

is an umbrella term that covers several conditions, including Alzheimer's disease.



## EDUCATION

reduces stigma, raises awareness and builds empathy. Inclusion reduces loneliness and isolation, improving quality of life.

You have the power to make a difference in the lives of those living with dementia.  
**Let's build a more inclusive and supportive community together.**



# Why Learn About Dementia?

Your brain has more connections than stars in the Milky Way and is more powerful than any computer!

## *Want to learn how it works?*

Be part of Creating a Dementia Inclusive Generation, a programme that has already helped thousands of young people across Ireland understand brain health and the impact of dementia. Through online learning, peer education, and community engagement, you'll explore:



How the brain works



Lifestyle and healthy ageing



Dementia and its impact



Caring for and supporting others



Taking ownership of your learning



Sharing knowledge with friends



**TAKE PART AND BOOST YOUR  
GAISCE AWARD,  
YSI PROJECTS,  
YOUNG SCIENTIST ENTRIES,  
AND MUCH MORE!**

# Shaping a **Dementia Inclusive Generation**

The Alzheimer Society of Ireland are striving to end stigma and ensure the next generation has the knowledge, empathy, and skills to understand and support those living with dementia.

## Why **Get Involved?**

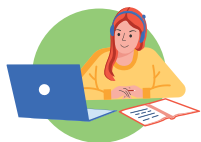
- Supports national curriculum.
- An accredited National Council for Curriculum and Assessment, micro module.
- No cure exists yet!
- Education empowers future scientists, carers, and doctors.
- Students learn about ageing, brain health, lifestyle, and dementia.
- Builds empathy, communication skills, and awareness.
- 100% Free.
- Official Gaisce Challenge Partner.
- Ongoing support from the youth programme team.

INSPIRE + INFORM



## How the Programme Works

**Empower your students. Transform your classroom. Lead the change.**



### 1. **Online Learning**

5 interactive student-led modules.

Explore dementia and its real-world impact.

Activities and worksheets to spark curiosity and deepen understanding.



### 2. **Peer-to-Peer Education:**

Help your students become leaders.

Students teach others using our Peer Education Toolkit.



### 3. **Community Engagement - Take learning beyond the classroom:**

Encourage volunteering and fundraising.

Connect with local initiatives.

Your guidance empowers students to turn knowledge into action.

**GET STARTED TODAY!**



**Email:**

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