

## What is dementia?

Dementia is the name for a range of conditions that cause damage to the brain. This damage can affect memory, thinking, language and the ability to carry out everyday tasks.

There are many conditions that cause dementia, including; Alzheimer's, vascular dementia, Lewybody dementia and fronto-temporal dementia.

## About The Alzheimer Society of Ireland

We work across the country in the heart of local communities providing dementia specific services and supports, and advocating for the rights and needs of all people living with dementia and their carers.

### For information about ASI

 Visit: [www.alzheimer.ie](http://www.alzheimer.ie)

 Helpline: 1800 341 341

@ Email: [helpline@alzheimer.ie](mailto:helpline@alzheimer.ie)

## How do I contact this service?

To contact the local Dementia Adviser for Galway City & County

**Mobile:** 086 821 1540 / 087 342 8663

**Email:** [referrals.galwaydas@alzheimer.ie](mailto:referrals.galwaydas@alzheimer.ie)

DA:

People with dementia and their families can contact their local Dementia Adviser directly.

We also welcome referrals from health and social care professionals.



THE Alzheimer  
SOCIETY OF IRELAND

## Dementia Adviser Service



Funded by the HSE

**dementia**

understand together

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Charity Number: CHY 7868



## What is the Dementia Adviser Service?

The Dementia Adviser service provides locally based, one-to-one information, signposting, and emotional support. This is a confidential and free service.

## Who is the service for?

### **This service is for you if:**

- you have dementia
- someone in your family has dementia.

We work with people of any age who have been diagnosed, or who are awaiting a diagnosis of dementia. This includes people with Alzheimer's and other forms of dementia.

People can contact us directly. We also welcome referrals from health and social care professionals.

## What will my Dementia Adviser do?

Your Dementia Adviser can answer your questions and put you in touch with people who can help.

### **Your dementia advisor will:**

- meet with you to understand your needs
- provide information & advice
- help you find support
- highlight areas you may need to consider
- help you to plan your next steps

You can contact your Dementia Adviser by phone and/ or email for information and advice. You can also arrange a meeting with your Dementia Adviser at your home, or at an agreed location.

The aim of the Dementia Adviser service is to promote independence, well-being and choice.

## What type of information can I get?

### **Your Dementia Adviser can provide information about:**

- dementia and coping with changes
- living well day-to-day
- future Planning
- driving
- services and supports in your area
- getting in touch with other people with dementia and other families.

Your Dementia Adviser will work with you to ensure you can access the information you need to live well with dementia.

### **We value your feedback.**

Please use the link below to visit the Dementia Adviser section of the ASI website, where you can find information about our service, access our FPN and complete our survey.

