



THE Alzheimer
SOCIETY OF IRELAND



2026

Calendar of Activities

LEINSTER

CALENDAR OF EVENTS



Carlow

CABIN CAFE

In association with the Carlow Older Persons Forum

Date: 1st Tues of every month (Oct 6th)

Time: 11 - 1pm

Location: Bethany House Barracks St Carlow

Contact: Joe on 0858505549

CARLOW SOCIAL CLUB

Date: 3rd Friday of every month (Oct 16th)

Time: 11- 1pm Location: Bethany House

Contact: Please contact friendsofasi@alzheimer.ie

LEINSTER

CALENDAR OF EVENTS



North Dublin

CASTLEKNOCK SOCIAL CLUB

Date: Second Tuesday of Every Month (Oct 13th)

Time: 10am – 12 noon

Location: Castleknock Community Centre, Laurel Lodge Road, Carpenterstown, Castleknock, Co. Dublin. D15T3PN

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

NORTH COUNTY DUBLIN SOCIAL CLUB

Date: 1st Tuesday of each month (Oct 6th)

Time: 11am - 1pm

Location: Bracken Court Hotel, Bridge St, Balbriggan, Co. Dublin, K32 DK88

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

CLONTARF SOCIAL CLUB

Date: Weekly on Monday

Time: 1pm - 3pm

Location: St. Anthony's House St. Anthony's Church Grounds, St. Lawrence Road Clontarf Dublin 3, D03TY23

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

North Dublin

CUPAN TAE MEMORY CAFÉ

Date: 2nd Wednesday every month (Oct 14th)

Time: 2pm – 4pm

Location: Naomh Barrog GAA Club, Kilbarrack Parade, Kilbarrack Upper, Dublin 5, D05DY65

Contact: cupantae@alzheimer.ie

MAKING MEMORIES CAFÉ

Date: Last Tuesday of each month (Oct 27th)

Time: 11am - 1pm

Location: Whitehall Colmcilles, GAA Club (Puck Lane) Collins Avenue, Dublin 9 D09 W688

Contact: Amanda.wilkinson@hse.ie 086 044 9627

COFFEE 'N' CHAT" IN ALBERT COLLEGE PARK

Date: 1st Wednesday of each month (Oct 7th)

Time: 10:30am-12:00pm

Location: The Tram Café, Hampstead Avenue, Dublin 9, D09 C6DY

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

COFFEE 'N' CHAT" IN ST ANNE'S PARK

Date: 2nd Wednesday of each month (Oct 14th)

Time: 10:30 am-12:00 pm

Location: Olive's Room, The Red Stables, Clontarf East, Dublin 5.

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

North Dublin

SWORDS ACTIVITY CLUB

Date: Weekly Every Tuesday

Time: 10:30am-12:30pm

Location: Liam Rodgers Community Centre, Feltrim Road, Swords, Co. Dublin,
K67 A0Y1

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

Donaghmede Activity Club

Date: Weekly, every Wednesday

Time: 2 pm - 3:30pm

Location: KAY'S KITCHEN UNIT 98 DONAGHMEDE SHOPPING CENTRE GRANGE
ROAD DUBLIN 13 Eircode D13 Y7P4

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

NEW

SEAVIEW MEMORY CAFE

Date: 3rd Tuesday of each Month (Oct 20th)

Time: 11am-1pm

Location: O'Dwyers GAA New Clubhouse, Bremore Road, Balbriggan,
Co. Dublin K32 TK53

Contact: seaviewmemorycafe@gmail.com

South Dublin

UNDER 65 FAMILY CARER SUPPORT GROUP

Date: Last Tuesday of each month (Oct 27th)

Time: 8pm and 10pm.

Location: Clonmacnoise Day Care, Our Lady's Hospice, Harold's Cross, Dublin 6W, D6WRY72

Contact: Adrienne McAvinue 086 838 1215 adrienne.mcavinue@alzheimer.ie

LUCAN SOCIAL CLUB

Date: Every Wednesday

Time: 1.30pm to 3.30 pm

Location: St Marys Parish Centre, Lucan

Contact: Adrienne McAvinue 086 838 1215

adrienne.mcavinue@alzheimer.ie

KILNAMANAGH SOCIAL CLUB

Date: Every Friday

Time: 10.30 am to 12.30 pm

Location: Kilnamanagh Family Resource Centre, Treepark Rd, Kilnamanagh, Dublin 24

Contact: Adrienne McAvinue

Phone: 086 838 1215

Email: adrienne.mcavinue@alzheimer.ie

BLOOMFIELD ACTIVITY CLUB

Date: Every Tuesday

Time: 10:30 - 12:30

Location: 16 Stocking Ln, Rathfarnham, Dublin, 16

Contact: Adrienne McAvinue adrienne.mcavinue@alzheimer.ie

Phone: 086 838 1215

South Dublin

WEST DUBLIN ACTIVITY CLUB

Date: Every Tuesday

Time: 2pm to 4pm

Location: Bawnogue Youth & Community Centre Bawnogue Road
Clondalkin Dublin 22 D22 DY68

Contact: Debbie Kenny debbie.kenny@alzheimer.ie

HAROLD'S CROSS CAFÉ

Date: First Tuesday of every month (Oct 6th)

Location: Our Lady's Hospice & Care Services, Harold's Cross. D6W RY72

Contact: Edel Byrne

Phone: 086 820 4017

Email: ebyrne@alzheimer.ie

COFFEE 'N' CHAT" IN HERBERT PARK

Date: Fourth Wednesday of each month (Oct 28th)

Time: 10:30am-12:00pm

Location: Lolly and Cooks, 23 Herbert Park, Dublin 4, D04 W6Y2.

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

CLONSKEAGH ACTIVITY CLUB

Date: Weekly Every Friday

Time: 11am to 1pm

Location: TBC - Contact Iliyana

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie Phone: 087 372 4569

South Dublin

FRASCATI COFFEE 'N' CHAT

Date: Weekly Every Monday

Time: 10:30am-12:30pm

Location: Kay's Kitchen, Frascati Centre, Frascati Rd, Blackrock, A94 Y2W6

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

LEINSTER

Longford



LONGFORD ALZHEIMER CAFÉ

Date: Last Wednesday of the Month (Oct 21st)

Time: 7pm-8.30pm

Location: No 2 Earl Street, Longford. N39N254

Contact: Eileen Kilbride 085 872 4455

LONGFORD SWEET MEMORIES DEMENTIA CHOIR

Date: Second Last Monday of the Month (Oct 19th)

Time: 12pm tp 1:30pm

Contact: Martina Logan 086 6076879 / Claire Harte: 0873951693

LONGFORD SUPPORT GROUP

Date: 2nd Wednesday of the Month (Oct 14th)

Time: 7pm-8pm

Location: No 2 Earl Street, Longford. N39N254 Contact: Breda

Dunne 086 380 2183

Louth

BIRCHES SOCIAL CLUB

Date: Third Sat of each month (Oct 17th)

Time: 11am to 1pm

Location: St Joseph's Redemptorist Monastery, Community Centre," St Alphonsus Road Dundalk. Co Louth

Contact: Olive Joyce Phone: 042 935 1388

FAMILY SUPPORT GROUP

Date: First Tuesday of every month (Oct 6th)

Time: 7pm

Location: "The Birches" Alzheimer Day Centre

Contact: Olive Joyce Phone: 042 935 1388

DUNDALK MEMORY CAFE

Date: Second Tuesday of the month (Oct 13th)

Time: 2:30pm to 3:30pm

Location: Louth Co Library, Roden Pl, Townparks, Dundalk Co. Louth

Contact: Stephanie McArdle Phone: 087 748 9258

Email: stephanie.mcardle@alzheimer.ie

Guest Speaker: Darragh Prior Community Garda

DUNDALK ACTIVITY CLUB

Date: Monthly

Contact: Olive Joyce, 042 935 1388, ojoyce@alzheimer.ie

Louth

DUNDALK SUPPORT GROUP

Date: First Tuesday of every month (Oct 6th)

Time: 7pm

Location: The Birches Alzheimer Day Care Centre, Priorland Road, Dundalk, Louth

Contact: Olive Joyce Phone: 042 935 1388

TREDAGH LODGE SATURDAY SOCIAL CLUB

Date: Third Sat of every month (Oct 17th)

Time: 11:00am - 1:00pm

Location: Tredagh Lodge Day Care Centre, Newtown Link Road, Greenhills,
Drogheda, Co. Louth. A92PYV9

Contact: Sinead Reynolds

email: sinead.reynolds@alzheimer.ie Phone: 041-9841311 / 087-2229356

SOUTH LOUTH MEMORY CAFÉ

Date: Second Tuesday of the month (Oct 13th)

Time: 11am

Location: Drogheda Library, Stockwell Lane, Drogheda, Co Louth

Contact: Sinead Reynolds Phone: 087 748 9258 Email: sinead.reynolds@alzheimer.ie

LEINSTER



THE Alzheimer
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Laois

LAOIS ALZHEIMER FAMILY SUPPORT GROUP

Date: Third Wednesday of every month (Oct 21st)

Time: 6:30pm - 8:30pm

Location: Dunamaise Arts Centre, Portlaoise

Contact: Grainne Roche Duff 087 607 5037

LAOIS ALZHEIMER CAFÉ

Date: Last Thursday of every month (Oct 29th)

Time: 11am - 1pm

Location: Dunamaise Arts Centre, Portlaoise

Contact: Grainne Roche Duff 087 607 5037

Meath

MEATH ALZHEIMER CAFÉ -

Date: First Wednesday of each month (Oct 7th)

Time: 2pm

Location: Dunshaughlin GAA Clubhouse

Contact: Marie Brennan Phone 087-346 5198 Email: marie.brennan@alzheimer.ie

NAVAN SATURDAY SOCIAL CLUB

Date: 2nd Saturday of every month (Oct 10th)

Time: 11am-1 pm

Location: Whistlemount Day Care, 6 Liscarton Villa's, Kells Rd, Navan, C15 PD35

Contact: Liam Burke Phone: 087 974 0871 Email: liam.burke@alzheimer.ie

RATOATH SOCIAL CLUB

Date: Last Friday of every month (Oct 30th)

Time: 11am-1pm

Location: Ratoath Community Centre, Main St, Ratoath, Co. Meath

Contact: Liam Burke Phone: 087 974 0871 Email: liam.burke@alzheimer.ie

The BOYNE MEMORIES CAFE

Date: First Friday of the Month **STARTING IN NOVEMBER**

Time: From 10:30am

Location: Trim Family Resource Centre

Contact: theboynememoriescafe@gmail.com

Offaly

DEMENTIA CAFE AND SUPPORT GROUP

Date: Third Wednesday of the Month (Oct 21st)

Time: 2pm - 4pm

Location: Parish Centre, Tullamore, Co Offaly

Contact: Noirin Chalouche 087 9553 940 Noirin.chalouche@alzheimer.ie

Westmeath

ATHLONE SUPPORT GROUP

Date: Last Tuesday of each month (Oct 27th)

Time: 7pm to 8pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

MULLINGAR SUPPORT GROUP

Date: First Thursday of each month (Oct 1st)

Time: 6.30pm-7.30pm

Location: Mullingar Library

Contact: Johanna Bennett 086 6075089

LEINSTER



ATHLONE SOCIAL CLUB

Date: Every second Wednesday (Oct 7th, 21st)

Time: 11am-1pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

MULLINGAR SOCIAL CLUB

Date: Every Friday

Time: 11am-1pm

Location: Mullingar Bridge and Amenity Centre, N91 WD96

Contact: Eileen Kenny 085 872 3720

Wexford

ACTIVITY GROUP

Date: Weekly on Tuesdays

Time: 11am - 3:30pm

Location: The Lodge Castle Gardens Drumgoold Enniscorthy, Co. Wexford, Y21 D2E7

Contact: Calre O'Leary Phone: 087 647 0149

Email: clare.oleary@alzheimer.ie

ACTIVITY GROUP

Date: Weekly on Thursdays

Time: 10am - 1pm

Location: The Lodge Castle Gardens Drumgoold Enniscorthy, Co. Wexford, Y21 D2E7

Contact: Calre O'Leary Phone: 087 647 0149

Email: clare.oleary@alzheimer.ie

LEINSTER



Wexford

SOCIAL CLUB

Date: Every Tuesday

Time: 10am to 12pm

Location: Mc Dermott Street, Gorey, County Wexford, Y25KT98, Ireland
(South East Region)

Contact: Charlene Callanan - charlene.callanan@alzheimer.ie

Phone: +353 (87) 397 6290

SOCIAL CLUB

Date: Every Tuesday

Time: 2pm to 4:45pm

Location: Mc Dermott Street, Gorey, County Wexford, Y25KT98, Ireland
(South East Region)

Contact: Charlene Callanan - charlene.callanan@alzheimer.ie

Phone: +353 (87) 397 6290

Wicklow

ARKLOW SOCIAL CLUB

Date: Second Monday of the month (Oct 13th)

Time: 2pm - 4pm

Location: Arus Lorcaín

Contact: Michelle Bardon 087-3182956 Email: michelle.bardon@alzheimer.ie

MUNSTER

CALENDAR OF EVENTS



Clare

CLARE MEMORY CAFÉ

Date: Third Wed of the month (Oct 21st)

Time: 11.30 to 13.30

Location: Family Resource Centre, Shannon, Co Clare V14XV97

Contact: Hilary O Neill

Phone: 087 246 9682

ENNIS DEMENTIA SUPPORT GROUP

Date: Monthly (contact Melissa for details)

Time: 7pm to 9pm

Location: Ennis Day Centre, Cahercalla, Ennis Co Clare

Contact: Melissa Kenny

Contact: Melissa.Kenny@alzheimer.ie

CLARE CONNECT CAFE

Date: Last Tuesday of every month (Oct 27th)

Time: 6.30pm - 8.30pm

Location: Killaloe Ballina Community & Family Resource Centre, The Green,
Killaloe, Co Clare V94W7X6

Contact: Afric Devane, 061374741, reception@kbfrfc.ie

Cork

CORK CITY SUPPORT GROUP

Date: 2nd Wednesday of the month (Oct 14th)

Time: 2pm - 3:30pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Vanessa Bradbury Phone: 021 497 2504

Email: vbradbury@alzheimer.ie / amurphy@alzheimer.ie

MACROOM MEMORY CAFÉ

Date: Fourth Monday of the month. (Oct 26th)

Time: 11am - 1pm

Location: "Next Door Café", The Castle Hotel, Macroom Contact: Judy Nicoll

Email: judy.nicoll@alzheimer.ie

SINGING FOR THE BRAIN MACROOM

Date: Every Wednesday

Time: 11am - 1pm

Location: The Castle Hotel, Main Street, Macroom, Co. Cork, P12 X293

Contact: Lucy O' Driscoll 087 6114282

CORK ACTIVITY CLUB

Date: Every Thursday

Time: 11am – 1pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12

HF70 Contact: Mary Hennessey -mary.hennessey@alzheimer.ie

MUSICAL MELODIES

Date: First Friday of the Month (Oct 2nd)

Time: 11:00 - 12:30

Location: Millstreet Day Centre, Clara Road, Millstreet, Co. Cork P51 RY10

Contact: Marie Gallagher

Phone: 086 2396057

Email: mgallagher@alzheimer.ie

Cork

BESSBORO SOCIAL CLUB

Date: Monthly on a Saturday -

Time: 1pm - 3pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Mary Hennessy 021 4972504

CARRIGALINE ALZHEIMER CAFE

Date: Last Thursday of the month (Oct 29th)

Time: 3pm

Location: Carrigaline Library Carrigaline

Contact: Karen Fitzpatrick - 0873487511 - karen.fitzpatrick@alzheimer.ie

BALLINCOLLIG ALZHEIMER CAFE

Date: Third Thursday of the month (Oct 15th)

Time: 3pm

Location: Chapel Gate Cafe, Chapel Gate Ballincollig P31XP38

Contact: Karen Fitzpatrick - 0873487511 - karen.fitzpatrick@alzheimer.ie

FERMOY MEMORY CAFÉ

Date: Last Wednesday of every month (Oct 28th)

Time: 2.30-4.30pm

Location: Adare Hall, Fermoy

Contact: Amy Murphy - 086 781 2217 - amurphy@alzheimer.ie

MUNSTER

Limerick



NEW

DOORADOYLE SOCIAL CAFÉ

Date: First Thursday of the month (Oct 1st)

Time: 11 am - 1 pm

Location: Dooradoyle Library, Dooradoyle Road, Limerick, V94 AP03

Contact: Sean Donal O'Shea, seandonal.oshea@alzheimer.ie, 087-092-6617

All people living with dementia, family and carers welcome.

ACTIVITY CLUB FOR EARLY STAGES

Date: Every Thursday

Time: 11 am - 1 pm

Location: Desmond Complex Gortboy Newcastlewest Limerick

Contact: Linda 087 981 7525 / Norma 087 765 2152

DESMOND MEMORY CLUB

Date: First Wednesday of the month (Oct 7th)

Time: 11 am - 1 pm

Location: Desmond Complex Gortboy Newcastlewest Limerick

Contact: 061 62757

For people living with memory issues and their carers, and all seeking support around dementia and cognitive impairment

DOON SOCIAL FARMING FOR THE BRAIN

Date: Every Tuesday

Time: 11 am - 1 pm

Location: Main St, Lisgaugh, Doon, Co. Limerick, V94 12T0

Contact: Sean Donal O'Shea, seandonal.oshea@alzheimer.ie, 087-092-6617

LIMERICK DEMENTIA SOCIAL CLUB

Our Lady of Lourdes Community Centre, Childers Rd. Rosbrien, Limerick.

Phone: 089 493 6982

Email: limerickdementiasc@gmail.com

Kerry

KENMARE ALZHEIMER CAFE

Date: Last Tuesday of the Month (Oct 27th)

Time: 11-13.00

Location: The Lansdown Hotel, Main St., Kenmare V93 YRC8

Contact: Niamh Murphy Phone: 087 2165104

Email: niamh.murphy@alzheimer.ie

KILLARNEY ALZHEIMER CAFÉ

Date: Third Wednesday of each month (Oct 21st)

Time: 11-1pm

Kilcoolaght Killarney, County Kerry V93 VXY8

Contact: Lynda Phillips Phone: 087 – 3556508

Email: lynda.phillips@alzheimer.ie

CAHERSIVEEN COFFEE "N" CHAT

Date: 2nd & 4th Wednesday of the month (Oct 14th & 28th)

Time: 11am to 1pm

Location: Franks Bar and Bistro in Cahersiveen, Co. Kerry V23 RV07

Contact: Niamh Murphy, 066 7180377 niamh.murphy@alzheimer.ie

FUCHSIA CAFÉ

Date: Last Tuesday of the Month (Oct 27th)

Time: 10.30am to 12pm

Location: Ard Churam Fuchsia Centre in Listowel

Contact: Finbarr Mawe on 087 231 6017

Kerry

SONAS LE CHEILE GROUP

Date: Third Thursday of the Month (Oct 22nd)

Time: Contact Melissa

Location: Benners Hotel, Dingle, Co. Kerry

Contact: Melissa, 0872177932, melissa.molyneaux@alzheimer.ie

Waterford

DUNGARVAN MEMORYCAFE

Date: First Wed of the month (Oct 7th)

Time: 11am to 1pm

Merrys Gastro Pub Lower Main Street Dungarvan Co. Waterford

Contact: Ann Miller Phone: 087 433 5460

WATERFORD SOCIAL CLUB

Date: Weekly on Fridays

Time: 10am - 12pm

Pine Grove Day Care Centre, Passage road, Waterford X91ET10

Contact: Marie Smyth 086 1216535

Email: marie.smyth@alzheimer.ie

MEMORY CAFE

Date: First Thursday of the month (Oct 1st)

Time: 11am to 1pm

Location: Danny's Bar, Main Street, Kilmacthomas, Co. Waterford, X42 C588

Contact: Marie Smyth - 086 121 6535 - marie.smyth@alzheimer.ie

Anne Marie Veale, 087 238 8444

Tipperary

NENAGH'S MEMORY CAFE

Date: First Thursday of the Month (Oct 1st)

Time: 11am to 1pm

Location: Silver Arch Family Resource Centre, 52 Silver Street, Nenagh, Co. Tipperary, E45P624

Contact: Jennifer Woods Phone: 086 809 6039

NENAGH'S ACTIVITY CLUB

Date: Every Wednesday!

Time: Time 10:30am - 12:30pm

Location: Nenagh GAA Club Nenagh North, Tipperary E45 HY06

Contact: Jennifer Woods Phone: 086 809 6039

NORTH TIPPERARY SUPPORT GROUP

Date: Last Wednesday of every Month (Oct 28th)

Time: From 11am till 1pm

Location: Nenagh Library

Contact Jennifer Woods

Phone: 086809603

CLONMEL SUPPORT GROUP

Date: Third Tuesday of the month (Oct 20th)

Time: TBC

Location: Le Chairde Day Care Centre, Tipperary

Contact: Catherine Phone: 086 0490548

Note: Pre-booking is required

Tipperary

CLONMEL PEER SUPPORT GROUP FOR PEOPLE WITH EARLY DEMENTIA

Date: Every Wednesday

Time: 10.30-12.00

Location: Place 4U, Clonmel (Coffee & Chat)

Contact: Anne : 087 0550050

FAMILY CARERS SUPPORT GROUP

Date: Second Friday of each month. (Oct 9th)

Time: 10.30 to 12.30

Location: in the Court House, Roscrea.

ROSEMARY DEMENTIA CAFÉ

Date: First Tuesday of each Month (Oct 6th)

Time: 11:30 - 1 pm

Location: Millennium Family Resource Centre, Glengoole, Thurles, Co. Tipperary E41AO65.

Contact: Alice Teehan, 083-1014313. Email: eldercare@mfrc.ie

GLENGOOLE ACTIVITY CLUB

Date: Every Friday

Time: 10.00am-2.00pm

Location: Millenium Resource Centre
Glengoole, Co Tipperary

Contact: Sandra Power 087 384 2342

THURLES ACTIVITY CLUB

Date: Every Friday

Time: 11am to 1pm

Location: Thurles, Co. Tipperary, E41 E6P4

Contact: Martina Skeffington
martina.skeffington@alzheimer.ie

CONNACHT

CALENDAR OF EVENTS



THE **Alzheimer**
SOCIETY OF IRELAND

Galway

GALWAY ALZHEIMER CAFE

Date: First Friday of the Month (Oct 2nd)

Time: 2pm - 4pm

Location: Connacht Hotel

Contact: Bertie Reaney 087 342 8663

GALWAY SUPPORT GROUP

Date: Third Thursday of the Month (Oct 15th)

Time: 11am - 1pm

Location: The Westside Library, Seamus Quirke Road, Galway

Contact: Bertie Reaney 0873428663

CLARINBRIDGE SOCIAL CLUB

Date: Every Monday

Time: 2pm - 4pm

Location: Scul Sanctuary, Bungalow 9, Kilcornan, Clarinbridge

Contact: Teresa 087 188 8177

CONNACHT



Galway

BALLINASLOE EARLY ONSET ACTIVITY CLUB

Date: Weekly Thursday

Time: 10am to 2pm

Location: Cancer Centre Main Street Ballinasloe

Contact: Niamh Lynch

Phone: 086 1450513

Email: niamh.lynch@alzheimer.ie

MERVUE SOCIAL CLUB

Date: Tuesdays

Time: 2pm - 4pm

Location: The Cope Bungalow Suaimhneas Walter Macken Road Mervue,
Galway H91 D25W

Contact: Joy Samson

Phone: 087 189 4532

CLIFDEN ALZHEIMER CAFE

Date: Second Monday of the month. (Oct 12th)

Time: 11am-1pm.

Location: Clifden District Hospital, Hospital Road, Clifden, Co. Galway. H71 YV83

Contact: Teresa Connelly Phone: 087 721 2329

MEMORY CAFE OUGHTERARD

Date: Second Tuesday of the month (Oct 13th)

Time: 1pm-3pm.

Location: Lake Hotel Oughterard

Contact: Nea 086 130 4327

CONNACHT



THE Alzheimer
SOCIETY OF IRELAND

Galway

CAIFÉ CUIMHNE i gCARNA

Dáta: An 3ú Céadaoin den mhí (21ú Deireadh Fómhair)

Am: 10:30am - 12:30pm

Suíomh: Ionad Cuimhneacháin Nimirceach Carna - H91 W60F

Teagmháil: Eileen 087 972 2419 eileen.davis@alzheimer.ie

INVERIN MEMORY CAFÉ

Date: 3rd Wednesday of the month (Oct 21st)

Time: 11am-1pm

Location: Tearmann Eanna An Tulaigh Baile na Habhann - H91 W540

Contact: Caroline 086 785 2156

caroline.budge@alzheimer.ie

GALWAY CITY ACTIVITY CLUB

Date: Mondays

Time: 1-3pm

Location: Ballinfoyle Community Centre - H91 PN50

Contact: Joanne 087 270 5073

joanne.waters@alzheimer.ie

LOUGHREA MEMORY CAFÉ

Date: 3rd Wednesday of Each Month (Oct 21st)

Time: 2-4pm

Location: Loughrea Family Resource Centre - H62 H721

Contact: Joanne 087 270 5073

joanne.waters@alzheimer.ie

Mayo

BALLINROBE MEMORY CAFE

Date: Second Thursday of the month (Oct 8th)

Time: 11am-12.30pm

Location: Parish Centre Ballinrobe F31 HE04

Contact: Marie Philbin Phone: 087 170 8706

CASTLEBAR SOCIAL CLUB

Date: Weekly on a Friday

Time: 11am-1pm

Location: Castlebar Social Services building F23 CY67

Contact: Catherine 087 694 2491

CASTLEBAR ACTIVITY CLUB

Date: First Thursday of the Month (Oct 1st)

Time: 10am - 1pm

Location: Lough Lannagh F23 VW73

Contact: Marie - marie.philbin@alzheimer.ie - 087 170 8706

KILLALA ACTIVITY CLUB

Date: Second Tuesday of the Month (Oct 13th)

Time: 11am - 1pm

Location: **NEW LOCATION COMING**

Contact: Marie - marie.philbin@alzheimer.ie - 087 170 8706

Leitrim

MOHILL SOCIAL CLUB

Date: Every second Friday (Oct 9th & 23rd)

Time: 2:45pm - 4:45pm

Location: Mohill Library

Contact: Sinead 087 068 0714, sineadfoley.coleman@alzheimer.ie

LEITRIM ALZHEIMER CAFE

Date: Fourth Thursday of the month (Oct 22nd).

Time: 11 am - 1 pm

Location: The Commercial & Tourist Hotel, Ballinamore, Co. Leitrim, N41 AE10

Contact: Eileen 087 002 4190

Email: eileen.sheridan@alzheimer.ie

LEITRIM MEMORY CAFE

Date: Last Tuesday of every month (Oct 27th)

Time: 11 am - 1 pm

Location: The Dock St. Georges Terrace Carrick on Shannon

Contact: sharon.richardson@hse.ie

CARRICK-ON-SHANNON SOCIAL CLUB

Date: Every Second Monday (Oct 5th & 19th)

Time: 11am-1pm

Location: Carrick-on-Shannon Library, Birdge Street N41 X048

Contact: Sinead 087 068 0714 sineadfoley.coleman@alzheimer.ie

CARRICK ON SHANNON MUSIC CAFE

Date: Second Wednesday of the month (Oct 14th)

Time: 2pm - 3pm

Location: Breffni Family Resource Centre

Contact: 071 96 22566

Roscommon

ROSCOMMON SUPPORT GROUP

Date: Fourth Thursday of the Month (Oct 22nd)

Time: 11am-12pm.

Location: Castlerea Day Centre: F45 A621.

Contact: Clodagh 087 440 8218

ROSCOMMON MEMORY CAFE

Date: Third Wednesday of the month (Oct 21st)

Time: 2pm.

Location: Lough Key

Contact: Teresa Keegan, 087-706-1183, teresa@ridc.ie

CASTLAREA MEMORY CAFE

Date: Fourth Monday of the month (Oct 26th)

Time: 11am - 12:30pm

Location: Castlerea Day Centre: F45 A621.

Contact: Clodagh 087 440 8218 clodagh.severs@alzheimer.ie

CASTLAREA SOCIAL CLUB

Date: Second Monday of the month (Oct 12th)

Time: 11am - 12:30pm

Location: Castlerea Day Centre: F45 A621.

Contact: Clodagh 087 440 8218 clodagh.severs@alzheimer.ie

FOREVER YOUNG CLUB -CASTLEREA

Date: Tuesdays, Wednesdays & Thursdays

Time: 10am - 3pm

Location: Castlerea Day Centre: F45 A621.

Contact: Michelle Shiel, 0879387533, michelle.shiel@alzheimer.ie

THE SHANNON ACTIVITY CLUB

Date: Thursdays

Time: 11 am- 1:30 pm

Location: Athlone Day Service, Abbey Rd Day Centre,
Coosan Road, Athlone Co. Westmeath N37 A7X6

Contact: Niamh 086 145 0513 niamh.lynch@alzheimer.ie

Sligo

MEMORY CAFE

Date: Third Thursday of the Month (Oct 15th)

Time: 11am - 1pm

Location: Sligo Park Hotel, F91 Y762

Contact: Clair 085 872 0043

RATHCORMACK SOCIAL CLUB

Date: Every Monday

Time: 2.30pm - 4.30pm Location:

The Old School Rathcormack F91 XT57

Contact: Sinead 087 068 0714 sineadfoley.coleman@alzheimer.ie

TUBBERCURRY SOUTH SLIGO SOCIAL CLUB

Date: Second Thursday of the Month (Oct 8th)

Time: From 1.30 pm - 3 pm

Location: The Tubbercurry family resource centre

Contact: 071 918 6926

FAMILY CARER SUPPORT GROUP

Date: Last Thursday of the Month (Oct 29th)

Time: 10:30am - 12:30pm

Location: Lakeview Business park Carraroe, Sligo, F91 XW54

Contact: Debby 087 189 9306

YOUNGER ONSET ACTIVITY CLUB:

Date: Monthly Saturday - Contact Clair

Time: 10am-3pm

Location: Aughamore, Sligo, F91 XW54

Contact: Clair 085 872 0043

EARLY ONSET ACTIVITY CLUB

Date: Every Wednesday

Time: 2.00pm-4.00pm

Location: Aughamore, Sligo, F91 XW54

Contact: Rebecca 087 271 5877

COGNATIVE STIMULATION THERAPY

Date: Weekly Friday

Time: 10am-3pm

Location: Aughamore, Sligo, F91 XW54

Contact: Rachel 087 621 3044

ULSTER

CALENDAR OF EVENTS



THE Alzheimer
SOCIETY OF IRELAND

Cavan

FORGET ME NOT SOCIAL CLUB

Date: First Wednesday of the month (Oct 7th)

Time: 11am-12.30pm

Location: Castlemanor Community Centre

Contact Carole 085 266 9542

FORGET ME NOT CHOIR

Date: First Sunday of the month (Oct 4th)

Time: 11am - 12pm

Location: Sullivan Centre H12 CF53

Contact: Millie 087 142 4432. Genny 087 350 6138

SUPPORT GROUP

Date: First Thursday of the month (Oct 1st)

Time: 7.30 pm

Location: CCLD Office, Corlurgan Business Park

Contact: Carole 085 266 9542

Early Onset Activity Club

Date: Every Tuesday

Time: 10am-1pm

Location: Cathedral Road, Cavan day centre, H12 CF53

Contact: Millie 087 142 4432



CARNDONAGH SOCIAL CLUB

Date: Wednesdays

Time: 1pm-3pm

Location: Spraoi agus Spórt F93 AY6D

Contact: Bridget - 087 0320847 - bridget.kelly@alzheimer.ie

BALLYBOFEY SOCIAL CLUB

Date: Every Second Tuesday (Oct 6th & 20th)

Time: 11am-1pm

Location: Dunfril House F93 PY98

Contact: Patricia 087 358 6714 patricia.mcmonagle@alzheimer.ie

LETTERKENNY SOCIAL CLUB

Date: Every second Tuesday (Oct 13th & 27th)

Time: 11am-1pm

Location: Silver Tassie Hotel F92 NFP9 Contact:

Patricia 087 358 6714

patricia.mcmonagle@alzheimer.ie

BALLYBOFEY ALZHEIMER CAFE

Date: Second Wednesday of Every month (Oct 14th)

Time: 11.30am-1pm

Location: Villa Rose Hotel F93 C2CF

Contact: Christine 087 778 7043 christine.kyohairwe@alzheimer.ie

ULSTER



Donegal

BALLYSHANNON SOCIAL CLUB

Date: Every Monday

Time: 11am-1pm

Location: St Anne's Hall F94 WK70

Contact: Elizabeth 085 856 5799

elizabeth.mcgrane@alzheimer.ie

Letterkenny Activity Club

Date: Every Friday

Time: 11am- 3pm

Location: Letterkenny community centre, Pearse Road, F92 K060

Contact: Veronica 087 188 7932

veronica.devenney@alzheimer.ie

Monaghan

CARRICKMACROSS SUPPORT GROUP

Date: Second Monday of the Month (Oct 12th)

Time: 6pm-7.30pm

Location: Carrickmacross Library A81 HY83

Contact: Siobhan 087 343 2944

MONAGHAN SOCIAL CLUB

Date: Every second Friday (Oct 9th and 23rd)

Time: 11am-1pm

Location: St Joseph's Pastoral Centre, Broad Rd.

Mullagh, Monaghan H18 VK77

Contact: Siobhan 087 343 2944

CASTLEBLAYNEY MEMORY CAFE

Date: Last Monday of the Month (Oct 30th)

Time: 11am-12:30pm

Location: Castleblayney Library Gatelodge 2 Castleblayney A75 V383

Contact: Martin 087 381 5969

MONAGHAN TOWN SUPPORT GROUP

Date: First Wednesday of the month (Oct 7th)

Time: 6.30 pm - 7.30 pm

Location: Monaghan Town Library, The Peace Co. Monaghan H18 RP20.

Contact: Martin 087 381 5969

Monaghan

CLONES SUPPORT GROUP

Date: Third Monday of the Month (Oct 19th)

Time: 6:30pm-7.30pm

Location: Clones Library, 98 Avenue, Clones, Monaghan H23
RW70

Contact: Elaine 087 987 3959

Email: elaine.kearney@alzheimer.ie

CARRICKMACROSS YOUNG ONES ACTIVITY CLUB

Date: Third Saturday of every Month (Oct 17th)

Time: 10 am 1 pm

Location: Carrickmacross Day Centre, Cloughvalley A81 Y090.

Contact: Sharon 086 272 2551

Email: sharon.phelan@alzheimer.ie



UPCOMING EVENTS

SINGING FOR THE BRAIN

CONTACT: MARY

PHONE: 087 462 2216 (MORNINGS)

EMAIL: SINGING4THEBRAIN@GMAIL.COM

NOTE: AN IN-PERSON SOCIAL SINGING GROUP FOR PEOPLE LIVING WITH DEMENTIA, ALZHEIMER'S AND/OR PARKINSON'S AND THEIR CARERS. THIS IS ON IN VARIOUS LOCATIONS THROUGHOUT CORK. PLEASE CLICK VIEW FULL INFO FOR LOCATION DETAILS.

External! Not ASI Associated

Limerick - Contact Carmel

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