



THE *Alzheimer*  
SOCIETY OF IRELAND



2026

Calendar of Activities

# LEINSTER

# CALENDAR OF EVENTS



## Carlow

### **CABIN CAFE**

In association with the Carlow Older Persons Forum

Date: 1st Tues of every month (Sep 1st)

Location: The Old School House, Barracks St, Carlow R93 YW10.

Contact: Margaret on 087 8380018

### **CARLOW SOCIAL CLUB**

Date: 3rd Friday of every month (Sep 18th)

Time: 11- 1pm Location: Bethany House

Contact: Please contact [friendsofasi@alzheimer.ie](mailto:friendsofasi@alzheimer.ie)

# LEINSTER

# CALENDAR OF EVENTS



## North Dublin

### **CASTLEKNOCK SOCIAL CLUB**

Date: Second Tuesday of Every Month (Sep 8th)

Time: 10am – 12 noon

Location: Castleknock Community Centre, Laurel Lodge Road, Carpenterstown, Castleknock, Co. Dublin. D15T3PN

Contact: Adenike Lamai 087 3320341 [adenike.lamai@alzheimer.ie](mailto:adenike.lamai@alzheimer.ie)

### **NORTH COUNTY DUBLIN SOCIAL CLUB**

Date: 1st Tuesday of each month (Sep 1st)

Time: 11am - 1pm

Location: Bracken Court Hotel, Bridge St, Balbriggan, Co. Dublin, K32 DK88

Contact: Adenike Lamai 087 3320341 [adenike.lamai@alzheimer.ie](mailto:adenike.lamai@alzheimer.ie)

### **CLONTARF SOCIAL CLUB**

Date: Weekly on Monday

Time: 1pm - 3pm

Location: St. Anthony's House St. Anthony's Church Grounds, St. Lawrence Road Clontarf Dublin 3, D03TY23

Contact: Adenike Lamai 087 3320341 [adenike.lamai@alzheimer.ie](mailto:adenike.lamai@alzheimer.ie)

## North Dublin

### **CUPAN TAE MEMORY CAFÉ**

Date: 2nd Wednesday every month (Sep 2nd)

Time: 2pm – 4pm

Location: Naomh Barrog GAA Club, Kilbarrack Parade, Kilbarrack Upper, Dublin 5, D05DY65

Contact: [cupantae@alzheimer.ie](mailto:cupantae@alzheimer.ie)

### **MAKING MEMORIES CAFÉ**

Date: Last Tuesday of each month (Sep 29th)

Time: 11am - 1pm

Location: Whitehall Colmcilles, GAA Club (Puck Lane) Collins Avenue, Dublin 9 D09 W688

Contact: [Amanda.wilkinson@hse.ie](mailto:Amanda.wilkinson@hse.ie) 086 044 9627

### **COFFEE 'N' CHAT" IN ALBERT COLLEGE PARK**

Date: 1st Wednesday of each month (Sep 2nd)

Time: 10:30am-12:00pm

Location: The Tram Café, Hampstead Avenue, Dublin 9, D09 C6DY

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569

### **COFFEE 'N' CHAT" IN ST ANNE'S PARK**

Date: 2nd Wednesday of each month (Sep 9th)

Time: 10:30 am-12:00 pm

Location: Olive's Room, The Red Stables, Clontarf East, Dublin 5.

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569

## North Dublin

### **SWORDS ACTIVITY CLUB**

Date: Weekly Every Tuesday

Time: 10:30am-12:30pm

Location: Liam Rodgers Community Centre, Feltrim Road, Swords, Co. Dublin,  
K67 A0Y1

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569

### **Blanchardstown Activity Club**

Date: Weekly, every Thursday

Time: 2 pm - 3:30pm

Location: KAY'S KITCHEN UNIT 122 BLANCHARDSTOWN CENTRE DUBLIN 15  
Eircode D15 K5V9

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569

### **Donaghmede Activity Club**

Date: Weekly, every Wednesday

Time: 2 pm - 3:30pm

Location: KAY'S KITCHEN UNIT 98 DONAGHMEDE SHOPPING CENTRE GRANGE  
ROAD DUBLIN 13 Eircode D13 Y7P4

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569

## South Dublin

### **UNDER 65 FAMILY CARER SUPPORT GROUP**

Date: Last Tuesday of each month (Sep 29th)

Time: 8pm and 10pm.

Location: Clonmacnoise Day Care, Our Lady's Hospice, Harold's Cross, Dublin 6W,  
D6WRY72

Contact: Adrienne McAvinue 086 838 1215 [adrienne.mcavinue@alzheimer.ie](mailto:adrienne.mcavinue@alzheimer.ie)

### **LUCAN SOCIAL CLUB**

Date: Every Wednesday

Time: 1.30pm to 3.30 pm

Location: St Marys Parish Centre, Lucan

Contact: Adrienne McAvinue 086 838 1215

[adrienne.mcavinue@alzheimer.ie](mailto:adrienne.mcavinue@alzheimer.ie)

### **KILNAMANAGH SOCIAL CLUB**

Date: Every Friday

Time: 10.30 am to 12.30 pm

Location: Kilnamanagh Family Resource Centre, Treepark Rd, Kilnamanagh, Dublin 24

Contact: Adrienne McAvinue

Phone: 086 838 1215

Email: [adrienne.mcavinue@alzheimer.ie](mailto:adrienne.mcavinue@alzheimer.ie)

### **BLOOMFIELD ACTIVITY CLUB**

Date: Every Tuesday

Time: 10:30 - 12:30

Location: 16 Stocking Ln, Rathfarnham, Dublin, 16

Contact: Adrienne McAvinue [adrienne.mcavinue@alzheimer.ie](mailto:adrienne.mcavinue@alzheimer.ie)

Phone: 086 838 1215

## South Dublin

### **WEST DUBLIN ACTIVITY CLUB**

Date: Every Tuesday

Time: 2pm to 4pm

Location: Bawnogue Youth & Community Centre Bawnogue Road  
Clondalkin Dublin 22 D22 DY68

Contact: Debbie Kenny [debbie.kenny@alzheimer.ie](mailto:debbie.kenny@alzheimer.ie)

### **HAROLD'S CROSS CAFÉ**

Date: First Tuesday of every month (Sep 2nd)

Location: Our Lady's Hospice & Care Services, Harold's Cross. D6W RY72

Contact: Edel Byrne

Phone: 086 820 4017

Email: [ebyrne@alzheimer.ie](mailto:ebyrne@alzheimer.ie)

### **COFFEE 'N' CHAT" IN HERBERT PARK**

Date: Fourth Wednesday of each month (Sep 23rd)

Time: 10:30am-12:00pm

Location: Lolly and Cooks, 23 Herbert Park, Dublin 4, D04 W6Y2.

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569

### **CLONSKEAGH ACTIVITY CLUB**

Date: Weekly Every Friday

Time: 11am to 1pm

Location: TBC - Contact Iliyana

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie) Phone: 087 372 4569

## South Dublin

### **FRASCATI COFFEE 'N' CHAT**

Date: Weekly Every Monday

Time: 10:30am-12:30pm

Location: Kay's Kitchen, Frascati Centre, Frascati Rd, Blackrock, A94 Y2W6

Contact: Iliyana Boykova

Email: [iliyana.boykova@alzheimer.ie](mailto:iliyana.boykova@alzheimer.ie)

Phone: 087 372 4569



# LEINSTER

## Longford



### **LONGFORD ALZHEIMER CAFÉ**

Date: Last Wednesday of the Month (Sep 30th)

Time: 7pm-8.30pm

Location: No 2 Earl Street, Longford. N39N254

Contact: Eileen Kilbride 085 872 4455

### **LONGFORD SWEET MEMORIES DEMENTIA CHOIR**

Date: Second Last Monday of the Month (Sep 21st)

Time: 12pm tp 1:30pm

Contact: Martina Logan 086 6076879 / Claire Harte: 0873951693

### **LONGFORD SUPPORT GROUP**

Date: 2nd Wednesday of the Month (Sep 9th)

Time: 7pm-8pm

Location: No 2 Earl Street, Longford. N39N254 Contact: Breda

Dunne 086 380 2183

## Louth

### **BIRCHES SOCIAL CLUB**

Date: Third Sat of each month (Sep 19th)

Time: 11am to 1pm

Location: St Joseph's Redemptorist Monastery, Community Centre," St Alphonsus Road Dundalk. Co Louth

Contact: Olive Joyce Phone: 042 935 1388

### **FAMILY SUPPORT GROUP**

Date: First Tuesday of every month (Sep 2nd)

Time: 7pm

Location: "The Birches" Alzheimer Day Centre

Contact: Olive Joyce Phone: 042 935 1388

### **DUNDALK MEMORY CAFE**

Date: Second Tuesday of the month (Sep 8th)

Time: 2:30pm to 3:30pm

Location: Louth Co Library, Roden Pl, Townparks, Dundalk Co. Louth

Contact: Stephanie McArdle Phone: 087 748 9258

Email: [stephanie.mcardle@alzheimer.ie](mailto:stephanie.mcardle@alzheimer.ie)

**The Mobile Information Unit will be on-site before the cafe this month.**

### **DUNDALK ACTIVITY CLUB**

Date: Monthly

Contact: Olive Joyce, 042 935 1388, [ojoyce@alzheimer.ie](mailto:ojoyce@alzheimer.ie)



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# Mobile Information Service



**Dundalk Library, Roden Place Dundalk**  
**Tuesday 8<sup>th</sup> September, 2026**  
**11.30am-2.00pm**

**The Dementia Advisor will provide information and support to people with dementia and their families as well as those concerned about memory loss and their cognitive health.**

**All welcome, no booking required**



**Contact Stephanie McArdle,  
Louth Dementia Advisor 087 7489258  
Dundalk Library 042 9353190**



## Louth

### **DUNDALK SUPPORT GROUP**

Date: First Tuesday of every month (Sep 1st)

Time: 7pm

Location: The Birches Alzheimer Day Care Centre, Priorland Road, Dundalk, Louth

Contact: Olive Joyce Phone: 042 935 1388

### **TREDAGH LODGE SATURDAY SOCIAL CLUB**

Date: Third Sat of every month (Sep 19th)

Time: 11:00am - 1:00pm

Location: Tredagh Lodge Day Care Centre, Newtown Link Road, Greenhills, Drogheda, Co. Louth. A92PYV9

Contact: Sinead Reynolds

email: [sinead.reynolds@alzheimer.ie](mailto:sinead.reynolds@alzheimer.ie) Phone: 041-9841311 / 087-2229356

### **SOUTH LOUTH MEMORY CAFÉ**

Date: Second Tuesday of the month (Sep 8th)

Time: 11am

Location: Drogheda Library, Stockwell Lane, Drogheda, Co Louth

Contact: Sinead Reynolds Phone: 087 748 9258 Email: [sinead.reynolds@alzheimer.ie](mailto:sinead.reynolds@alzheimer.ie)

# LEINSTER



## Laois

### LAOIS ALZHEIMER FAMILY SUPPORT GROUP

Date: Third Wednesday of every month (Sep 16th)

Time: 6:30pm - 8:30pm

Location: Dunamais Arts Centre, Portlaoise

Contact: Grainne Roche Duff 087 607 5037

### LAOIS ALZHEIMER CAFÉ

Date: Last Thursday of every month (Sep 24th)

Time: 11am - 1pm

Location: Dunamais Arts Centre, Portlaoise

Contact: Grainne Roche Duff 087 607 5037

## Meath

### MEATH ALZHEIMER CAFÉ - SPECIAL EVENT!

Date: September 20th

Time: 2pm

Location: Dunshaughlin GAA Clubhouse

Contact: Marie Brennan Phone 087-346 5198 Email: [marie.brennan@alzheimer.ie](mailto:marie.brennan@alzheimer.ie)

**We will be playing the Meath v Dublin football match from 6<sup>th</sup> July 1991.**

**Celebrating 25 years after a Match to Remember! There will be guest speakers from both teams who played in the match in 1991 and other special guests.**

### NAVAN SATURDAY SOCIAL CLUB

Date: 2nd Saturday of every month (Sep 12th)

Time: 11am-1 pm

Location: Whistlemount Day Care, 6 Liscarton Villa's, Kells Rd, Navan, Meath, C15 PD35

Contact: Liam Burke Phone: 087 974 0871 Email: [liam.burke@alzheimer.ie](mailto:liam.burke@alzheimer.ie)

## **RATOATH SOCIAL CLUB**

Date: Last Friday of every month (Sep 25th)

Time: 11am-1pm

Location: Ratoath Community Centre, Main St, Ratoath, Co. Meath

Contact: Liam Burke Phone: 087 974 0871 Email: [liam.burke@alzheimer.ie](mailto:liam.burke@alzheimer.ie)

## Offaly

### **DEMENTIA CAFE AND SUPPORT GROUP**

Date: Third Wednesday of the Month (Sep 16th)

Time: 2pm - 4pm

Location: Parish Centre, Tullamore, Co Offaly

Contact: Noirin Chalouche 087 9553 940 [Noirin.chalouche@alzheimer.ie](mailto:Noirin.chalouche@alzheimer.ie)

## Westmeath

### **ATHLONE SUPPORT GROUP**

Date: Last Tuesday of each month (Sep 29th)

Time: 7pm to 8pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

### **MULLINGAR SUPPORT GROUP**

Date: First Thursday of each month (Sep 3rd)

Time: 6.30pm-7.30pm

Location: Mullingar Library

Contact: Johanna Bennett 086 6075089

# LEINSTER



## **ATHLONE SOCIAL CLUB**

Date: Every second Wednesday (Sep 2nd, 16th & 30th)

Time: 11am-1pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

## **MULLINGAR SOCIAL CLUB**

Date: Every Friday

Time: 11am-1pm

Location: Mullingar Bridge and Amenity Centre, N91 WD96

Contact: Eileen Kenny 085 872 3720

# Wexford

## **ACTIVITY GROUP**

Date: Weekly on Tuesdays

Time: 11am - 3:30pm

Location: The Lodge Castle Gardens Drumgoold Enniscorthy, Co.  
Wexford, Y21 D2E7

Contact: Calre O'Leary Phone: 087 647 0149

Email: [clare.oleary@alzheimer.ie](mailto:clare.oleary@alzheimer.ie)

## **ACTIVITY GROUP**

Date: Weekly on Thursdays

Time: 10am - 1pm

Location: The Lodge Castle Gardens Drumgoold Enniscorthy, Co.  
Wexford, Y21 D2E7

Contact: Calre O'Leary Phone: 087 647 0149

Email: [clare.oleary@alzheimer.ie](mailto:clare.oleary@alzheimer.ie)



# LEINSTER



## Wexford

### **SOCIAL CLUB**

Date: Every Tuesday

Time: 10am to 12pm

Location: Mc Dermott Street, Gorey, County Wexford, Y25KT98, Ireland  
(South East Region)

Contact: Charlene Callanan - [charlene.callanan@alzheimer.ie](mailto:charlene.callanan@alzheimer.ie)

Phone: +353 (87) 397 6290

### **SOCIAL CLUB**

Date: Every Tuesday

Time: 2pm to 4:45pm

Location: Mc Dermott Street, Gorey, County Wexford, Y25KT98, Ireland  
(South East Region)

Contact: Charlene Callanan - [charlene.callanan@alzheimer.ie](mailto:charlene.callanan@alzheimer.ie)

Phone: +353 (87) 397 6290

## Wicklow

### **ARKLOW SOCIAL CLUB**

Date: Second Monday of the month (Sep 14th)

Time: 2pm - 4pm

Location: Arus Lorcaín

Contact: Michelle Bardon 087-3182956 Email: [michelle.bardon@alzheimer.ie](mailto:michelle.bardon@alzheimer.ie)



# MUNSTER

# CALENDAR OF EVENTS



## Clare

### **CLARE MEMORY CAFÉ**

Date: Third Wed of the month (Sep 16th)

Time: 11.30 to 13.30

Location: Family Resource Centre, Shannon, Co Clare V14XV97

Contact: Hilary O Neill

Phone: 087 246 9682

### **ENNIS DEMENTIA SUPPORT GROUP**

Date: Monthly (contact Melissa for details)

Time: 7pm to 9pm

Location: Ennis Day Centre, Cahercalla, Ennis Co Clare

Contact: Melissa Kenny

Contact: [Melissa.Kenny@alzheimer.ie](mailto:Melissa.Kenny@alzheimer.ie)

### **CLARE CONNECT CAFE**

Date: Last Tuesday of every month (Sep 29th)

Time: 6.30pm - 8.30pm

Location: Killaloe Ballina Community & Family Resource Centre, The Green,  
Killaloe, Co Clare V94W7X6

Contact: Afric Devane, 061374741, [reception@kbfrfc.ie](mailto:reception@kbfrfc.ie)

## Cork

### **CORK CITY SUPPORT GROUP**

Date: 2nd Wednesday of the month (Sep 9th)

Time: 2pm - 3:30pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Vanessa Bradbury Phone: 021 497 2504

Email: [vbradbury@alzheimer.ie](mailto:vbradbury@alzheimer.ie) / [amurphy@alzheimer.ie](mailto:amurphy@alzheimer.ie)

### **MACROOM MEMORY CAFÉ**

Date: Fourth Monday of the month. (Sep 28th)

Time: 11am - 1pm

Location: "Next Door Café", The Castle Hotel, Macroom Contact: Judy Nicoll

Email: [judy.nicoll@alzheimer.ie](mailto:judy.nicoll@alzheimer.ie)

### **SINGING FOR THE BRAIN MACROOM**

Date: Every Wednesday (Sep 2<sup>nd</sup>)

Time: 11am - 1pm

Location: The Castle Hotel, Main Street, Macroom, Co. Cork, P12 X293

Contact: Lucy O' Driscoll 087 6114282

### **CORK ACTIVITY CLUB**

Date: Every Thursday

Time: 11am – 1pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12

HF70 Contact: Mary Hennessey -[mary.hennessey@alzheimer.ie](mailto:mary.hennessey@alzheimer.ie)

### **MUSICAL MELODIES**

Date: First Friday of the Month (Sep 4th)

Time: 11:00 - 12:30

Location: Millstreet Day Centre Clara Road, Millstreet, Co. Cork P51 RY10

Contact: Marie Gallagher

Phone: 086 2396057

Email: [mgallagher@alzheimer.ie](mailto:mgallagher@alzheimer.ie)

## Cork

### **BESSBORO SOCIAL CLUB**

Date: Monthly on a Saturday - **ON SUMMER BREAK - OCTOBER**

Time: 1pm - 3pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Mary Hennessy 021 4972504

### **CARRIGALINE ALZHEIMER CAFE**

Date: Second Thursday of the month (Sep 10th)

Time: 3pm

Location: Family Resource Centre Church Road Carrigaline

Contact: Karen Fitzpatrick - 0873487511 - karen.fitzpatrick@alzheimer.ie

### **BALLINCOLLIG ALZHEIMER CAFE**

Date: Third Thursday of the month (Sep 17th)

Time: 3pm

Location: Chapel Gate Cafe ,Chapel Gate Ballincollig P31XP38

Contact: Karen Fitzpatrick - 0873487511 - karen.fitzpatrick@alzheimer.ie

### **FERMOY MEMORY CAFÉ**

Date: Last Wednesday of every month (Sep 30th)

Time: 2.30-4.30pm

Location: Adare Hall, Fermoy

Contact: Amy Murphy - 086 781 2217 - amurphy@alzheimer.ie

## Limerick

### **ACTIVITY CLUB FOR EARLY STAGES**

Date: Every Thursday

Time: 11 am - 1 pm

Location: Desmond Complex Gortboy Newcastlewest Limerick

Contact: Linda 087 981 7525 / Norma 087 765 2152

## DESMOND MEMORY CLUB

Date: First Wednesday of the month (Sep 2nd)

Time: 11 am - 1 pm

Location: Desmond Complex Gortboy Newcastlewest Limerick

Contact: 061 62757

For people living with memory issues and their carers, and all seeking support around dementia and cognitive impairment

NEW

## DOON SOCIAL FARMING FOR THE BRAIN

Date: Every Tuesday

Time: 11 am - 1 pm

Location: Main St, Lisgaugh, Doon, Co. Limerick, V94 12T0

Contact: Sean Donal O'Shea, seandonal.oshea@alzheimer.ie, 087-092-6617

## LIMERICK DEMENTIA SOCIAL CLUB

Our Lady of Lourdes Community Centre, Childers Rd. Rosbrien, Limerick.

Phone: 089 493 6982

Email: limerickdementiasc@gmail.com

Note: For Persons with Dementia and their Carers and all seeking support with Dementia. No referral is necessary and people can attend on any club night as they wish.

## Kerry

### KENMARE ALZHEIMER CAFE

Date: Last Tuesday of the Month (Sep 29th)

Time: 11-13.00

Location: The Lansdown Hotel, Main St., Kenmare V93 YRC8

Contact: Niamh Murphy Phone: 087 2165104

Email: niamh.murphy@alzheimer.ie

## KILLARNEY ALZHEIMER CAFÉ

Date: Third Wednesday of each month (Sep 16th)

Time: 11-1pm

Kilcoolaght Killarney, County Kerry V93 VXY8

Contact: Lynda Phillips Phone: 087 – 3556508

Email: [lynda.phillips@alzheimer.ie](mailto:lynda.phillips@alzheimer.ie)

NEW

## CAHERSIVEEN COFFEE "N" CHAT

Date: 2nd & 4th Wednesday of the month (Sep 9th & Sep 23rd)

Time: 11am to 1pm

Location: Franks Bar and Bistro in Cahersiveen, Co. Kerry V23 RV07

Contact: Niamh Murphy, 066 7180377 [niamh.murphy@alzheimer.ie](mailto:niamh.murphy@alzheimer.ie)

# Waterford

## DUNGARVAN MEMORYCAFE

Date: First Wed of the month (Sep 2nd)

Time: 11am to 1pm

Merrys Gastro Pub Lower Main Street Dungarvan Co. Waterford

Contact: Ann Miller Phone: 087 433 5460

## WATERFORD SOCIAL CLUB

Date: Weekly on Fridays

Time: 10am - 12pm

Pine Grove Day Care Centre, Passage road, Waterford X91ET10

Contact: Marie Smyth 086 1216535

Email: [marie.smyth@alzheimer.ie](mailto:marie.smyth@alzheimer.ie)

## MEMORY CAFE

Date: First Thursday of the month (Sep 3rd)

Time: 11am to 1pm

Location: Danny's Bar, Main Street, Kilmacthomas, Co. Waterford, X42 C588

Contact: Marie Smyth - 086 121 6535 - [marie.smyth@alzheimer.ie](mailto:marie.smyth@alzheimer.ie)

Anne Marie Veale, 087 238 8444

## Tipperary

### **NENAGH'S MEMORY CAFE**

Date: First Thursday of the Month (Sep 3rd)

Time: 11am to 1pm

Location: Silver Arch Family Resource Centre, 52 Silver Street, Nenagh, Co. Tipperary, E45P624

Contact: Jennifer Woods Phone: 086 809 6039

### **NENAGH'S ACTIVITY CLUB**

Date: Every Wednesday!

Time: Time 10:30am - 12:30pm

Location: Nenagh GAA Club Nenagh North, Tipperary E45 HY06

Contact: Jennifer Woods Phone: 086 809 6039

### **NORTH TIPPERARY SUPPORT GROUP**

Date: Last Wednesday of every Month (Sep 30th)

Time: From 11am till 1pm

Location: Nenagh Library

Contact Jennifer Woods

Phone: 086809603

### **CLONMEL SUPPORT GROUP**

Date: Third Tuesday of the month (Sep 17th)

Time: TBC

Location: Le Chairde Day Care Centre, Tipperary

Contact: Catherine Phone: 086 0490548

Note: Pre-booking is required

## Tipperary

### **CLONMEL PEER SUPPORT GROUP FOR PEOPLE WITH EARLY DEMENTIA**

Date: Every Wednesday

Time: 10.30-12.00

Location: Place 4U, Clonmel (Coffee & Chat)

Contact: Anne : 087 0550050

### **FAMILY CARERS SUPPORT GROUP**

Date: Second Friday of each month. (Sep 11th)

Time: 10.30 to 12.30

Location: in the Court House, Roscrea.

### **ROSEMARY DEMENTIA CAFÉ**

Date: First Tuesday of each Month (Sep 2nd)

Time: 11:30 - 1 pm

Location: Millennium Family Resource Centre, Glengoole, Thurles, Co. Tipperary E41AO65.

Contact: Alice Teehan 083-1014313 Email: [eldercare@mfrc.ie](mailto:eldercare@mfrc.ie)

### **GLENGOOLE ACTIVITY CLUB**

Date: Every Friday

Time: 10.00am-2.00pm

Location: Millenium Resource Centre  
Glengoole, Co Tipperary

Contact: Sandra Power 087 384 2342

### **THURLES ACTIVITY CLUB**

Date: Every Friday

Time: 11am to 1pm

Location: Thurles, Co. Tipperary, E41 E6P4

Contact: Martina Skeffington  
[martina.skeffington@alzheimer.ie](mailto:martina.skeffington@alzheimer.ie)

# CONNACHT

## CALENDAR OF EVENTS



THE **Alzheimer**  
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### Galway

#### **GALWAY ALZHEIMER CAFE**

Date: First Friday of the Month (Sep 4th)

Time: 2pm - 4pm

Location: Connacht Hotel

Contact: Bertie Reaney 087 342 8663

#### **GALWAY SUPPORT GROUP**

Date: Third Thursday of the Month (Sep 17th)

Time: 11am - 1pm

Location: The Westside Library, Seamus Quirke Road, Galway

Contact: Bertie Reaney 0873428663

#### **CLARINBRIDGE SOCIAL CLUB**

Date: Every Monday

Time: 2pm - 4pm

Location: Scul Sanctuary, Bungalow 9, Kilcornan, Clarinbridge

Contact: Teresa 087 188 8177



# CONNACHT



THE **Alzheimer**  
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## Galway

### **BALLINASLOE EARLY ONSET ACTIVITY CLUB**

Date: Weekly Thursday

Time: 10am to 2pm

Location: Cancer Centre Main Street Ballinasloe

Contact: Niamh Lynch

Phone: 086 1450513

Email: [niamh.lynch@alzheimer.ie](mailto:niamh.lynch@alzheimer.ie)

### **MERVUE SOCIAL CLUB**

Date: Tuesdays

Time: 2pm - 4pm

Location: The Cope Bungalow Suaimhneas Walter Macken Road Mervue,  
Galway H91 D25W

Contact: Joy Samson

Phone: 087 189 4532

### **CLIFDEN ALZHEIMER CAFE**

Date: Second Monday of the month. (Sep 14th)

Time: 11am-1pm.

Location: Clifden District Hospital, Hospital Road, Clifden, Co. Galway. H71 YV83

Contact: Teresa Connelly Phone: 087 721 2329

### **MEMORY CAFE OUGHTERARD**

Date: Second Tuesday of the month (Sep 8th)

Time: 1pm-3pm.

Location: Lake Hotel Oughterard

Contact: Nea 086 130 4327

# CONNACHT



THE Alzheimer  
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## Galway

### CAIFÉ CUIMHNE i gCARNA

Dáta: An 3ú Céadaoin den mhí (Lúnasa 16ú Meán Fómhair)

Am: 10:30am - 12:30pm

Suíomh: Ionad Cuimhneacháin Nimirceach Carna - H91 W60F

Teagmháil: Eileen 087 972 2419 [eileen.davis@alzheimer.ie](mailto:eileen.davis@alzheimer.ie)

### INVERIN MEMORY CAFÉ

Date: 3rd Wednesday of the month (Sep 16th)

Time: 11am-1pm

Location: Tearmann Eanna An Tulaigh Baile na Habhann - H91 W540

Contact: Caroline 086 785 2156

[caroline.budge@alzheimer.ie](mailto:caroline.budge@alzheimer.ie)

### GALWAY CITY ACTIVITY CLUB

Date: Mondays

Time: 1-3pm

Location: Ballinfoyle Community Centre - H91 PN50

Contact: Joanne 087 270 5073

[joanne.waters@alzheimer.ie](mailto:joanne.waters@alzheimer.ie)

### LOUGHREA MEMORY CAFÉ

Date: 3rd Wednesday of Each Month (Sep 16th)

Time: 2-4pm

Location: Loughrea Family Resource Centre - H62 H721

Contact: Joanne 087 270 5073

[joanne.waters@alzheimer.ie](mailto:joanne.waters@alzheimer.ie)

## Mayo

### **BALLINROBE MEMORY CAFE**

Date: Second Thursday of the month (Sep 10th)

Time: 11am-12.30pm

Location: Parish Centre Ballinrobe F31 HE04

Contact: Marie Philbin Phone: 087 170 8706

### **CASTLEBAR SOCIAL CLUB**

Date: Weekly on a Friday

Time: 11am-1pm

Location: Castlebar Social Services building F23 CY67

Contact: Catherine 087 694 2491

### **CASTLEBAR ACTIVITY CLUB**

Date: First Thursday of the Month (Sep 3rd)

Time: 10am - 1pm

Location: Lough Lannagh F23 VW73

Contact: Marie - [marie.philbin@alzheimer.ie](mailto:marie.philbin@alzheimer.ie) - 087 170 8706

### **KILLALA ACTIVITY CLUB**

Date: Second Tuesday of the Month (Sep 8th)

Time: 11am - 1pm

Location: **NEW LOCATION COMING**

Contact: Marie - [marie.philbin@alzheimer.ie](mailto:marie.philbin@alzheimer.ie) - 087 170 8706

## Leitrim

### **MOHILL SOCIAL CLUB**

Date: Every second Friday (Sep 11th & 25th)

Time: 2:45pm - 4:45pm

Location: Mohill Library

Contact: Sinead 087 068 0714 [sineadfoley.coleman@alzheimer.ie](mailto:sineadfoley.coleman@alzheimer.ie)

### **LEITRIM ALZHEIMER CAFE**

Date: Fourth Thursday of the month (Sep 24th).

Time: 11 am - 1 pm

Location: The Commercial & Tourist Hotel, Ballinamore, Co. Leitrim, N41 AE10

Contact: Eileen 087 002 4190

Email: [eileen.sheridan@alzheimer.ie](mailto:eileen.sheridan@alzheimer.ie)

### **LEITRIM MEMORY CAFE**

Date: Last Tuesday of every month (Sep 29th)

Time: 11 am - 1 pm

Location: The Dock St. Georges Terrace Carrick on Shannon

Contact: [sharon.richardson@hse.ie](mailto:sharon.richardson@hse.ie)

### **CARRICK-ON-SHANNON SOCIAL CLUB**

Date: Every Second Monday (Sep 7th & 21st)

Time: 11am-1pm

Location: Carrick-on-Shannon Library, Birdge Street N41 X048

Contact: Sinead 087 068 0714 [sineadfoley.coleman@alzheimer.ie](mailto:sineadfoley.coleman@alzheimer.ie)

## **CARRICK ON SHANNON MUSIC CAFE**

Date: Second Wednesday of the month (Sep 9th)

Time: 2pm - 3pm

Location: Breffni Family Resource Centre

Contact: 071 96 22566

## **Roscommon**

### **ROSCOMMON SUPPORT GROUP**

Date: Fourth Thursday of the Month (Sep 24th)

Time: 11am-12pm.

Location: Castlerea Day Centre: F45 A621.

Contact: Clodagh 087 440 8218

### **ROSCOMMON MEMORY CAFE**

Date: Third Wednesday of the month (Sep 16th)

Time: 2pm.

Location: Lough Key

Contact: Teresa Keegan, 087-706-1183, [teresa@ridc.ie](mailto:teresa@ridc.ie)

### **CASTLEREA MEMORY CAFE**

Date: Fourth Monday of the month (Sep 28th)

Time: 11am - 12:30pm

Location: Castlerea Day Centre: F45 A621.

Contact: Clodagh 087 440 8218 [clodagh.severs@alzheimer.ie](mailto:clodagh.severs@alzheimer.ie)

### **CASTLEREA SOCIAL CLUB**

Date: Second Monday of the month (Sep 14th)

Time: 11am - 12:30pm

Location: Castlerea Day Centre: F45 A621.

Contact: Clodagh 087 440 8218 [clodagh.severs@alzheimer.ie](mailto:clodagh.severs@alzheimer.ie)

## **FOREVER YOUNG CLUB -CASTLEREA**

Date: Tuesdays, Wednesdays & Thursdays

Time: 10am - 3pm

Location: Castlerea Day Centre: F45 A621.

Contact: Michelle Shiel, 0879387533, [michelle.shiel@alzheimer.ie](mailto:michelle.shiel@alzheimer.ie)

## **THE SHANNON ACTIVITY CLUB**

Date: Thursdays

Time: 11 am- 1:30 pm

Location: Athlone Day Service, Abbey Rd Day Centre,  
Coosan Road, Athlone Co. Westmeath N37 A7X6

Contact: Niamh 086 145 0513 [niamh.lynch@alzheimer.ie](mailto:niamh.lynch@alzheimer.ie)

# Sligo

## **MEMORY CAFE**

Date: Third Thursday of the Month (Sep 17th)

Time: 11am - 1pm

Location: Sligo Park Hotel, F91 Y762

Contact: Clair 085 872 0043

## **RATHCORMACK SOCIAL CLUB**

Date: Every Monday

Time: 2.30pm - 4.30pm Location:

The Old School Rathcormack F91 XT57

Contact: Sinead 087 068 0714 [sineadfoley.coleman@alzheimer.ie](mailto:sineadfoley.coleman@alzheimer.ie)

## **TUBBERCURRY SOUTH SLIGO SOCIAL CLUB**

Date: Second Thursday of the Month (Sep 10th)

Time: From 1.30 pm - 3 pm

Location: The Tubbercurry family resource centre

Contact: 071 918 6926

## **FAMILY CARER SUPPORT GROUP**

Date: Last Thursday of the Month (Sep 24th)

Time: 10:30am - 12:30pm

Location: Lakeview Business park Carraroe, Sligo, F91 XW54

Contact: Debby 087 189 9306

## **YOUNGER ONSET ACTIVITY CLUB:**

Date: Monthly Saturday - Contact Clair

Time: 10am-3pm

Location: Aughamore, Sligo, F91 XW54

Contact: Clair 085 872 0043

## **EARLY ONSET ACTIVITY CLUB**

Date: Every Wednesday

Time: 2.00pm-4.00pm

Location: Aughamore, Sligo, F91 XW54

Contact: Rebecca 087 271 5877

## **COGNATIVE STIMULATION THERAPY**

Date: Weekly Friday

Time: 10am-3pm

Location: Aughamore, Sligo, F91 XW54

Contact: Rachel 087 621 3044

# ULSTER

# CALENDAR OF EVENTS



THE Alzheimer  
SOCIETY OF IRELAND

## Cavan

### **FORGET ME NOT SOCIAL CLUB**

Date: First Wednesday of the month (Sep 2nd)

Time: 11am-12.30pm

Location: Castlemanor Community Centre

Contact Carole 085 266 9542

### **FORGET ME NOT CHOIR**

Date: Every First Sunday (Sep 6th)

Time: 11am - 12pm

Location: Sullivan Centre H12 CF53

Contact: Millie 087 142 4432. Genny 087 350 6138

### **SUPPORT GROUP**

Date: First Thursday of the month (Sep 3rd)

Time: 7.30 pm

Location: CCLD Office, Corlurgan Business Park

Contact: Carole 085 266 9542

### **Early Onset Activity Club**

Date: Every Tuesday

Time: 10am-1pm

Location: Cathedral Road, Cavan day centre, H12 CF53

Contact: Millie 087 142 4432



# ULSTER

## Donegal



THE Alzheimer  
SOCIETY OF IRELAND

### **CARNDONAGH SOCIAL CLUB**

Date: Wednesdays

Time: 1pm-3pm

Location: Spraoi agus Spórt F93 AY6D

Contact: Bridget - 087 0320847 - [bridget.kelly@alzheimer.ie](mailto:bridget.kelly@alzheimer.ie)

### **BALLYBOFEY SOCIAL CLUB**

Date: Every Second Tuesday (Sep 8th & 22nd)

Time: 11am-1pm

Location: Dunfril House F93 PY98

Contact: Patricia 087 358 6714 [patricia.mcmonagle@alzheimer.ie](mailto:patricia.mcmonagle@alzheimer.ie)

### **LETTERKENNY SOCIAL CLUB**

Date: Every second Tuesday (Sep 1st, 15th & 29th)

Time: 11am-1pm

Location: Silver Tassie Hotel F92 NFP9 Contact:

Patricia 087 358 6714

[patricia.mcmonagle@alzheimer.ie](mailto:patricia.mcmonagle@alzheimer.ie)

### **BALLYBOFEY ALZHEIMER CAFE**

Date: Second Wednesday of Every month (Sep 9th)

Time: 11.30am-1pm

Location: Villa Rose Hotel F93 C2CF

Contact: Christine 087 778 7043 [christine.kyohairwe@alzheimer.ie](mailto:christine.kyohairwe@alzheimer.ie)

# ULSTER



## Donegal

### **BALLYSHANNON SOCIAL CLUB**

Date: Every Monday

Time: 11am-1pm

Location: St Anne's Hall F94 WK70

Contact: Elizabeth 085 856 5799

[elizabeth.mcgrane@alzheimer.ie](mailto:elizabeth.mcgrane@alzheimer.ie)

### **Letterkenny Activity Club**

Date: Every Friday

Time: 11am- 3pm

Location: Letterkenny community centre, Pearse Road, F92 K060

Contact: Veronica 087 188 7932

[veronica.devenney@alzheimer.ie](mailto:veronica.devenney@alzheimer.ie)

## Monaghan

### **CARRICKMACROSS SUPPORT GROUP**

Date: Second Monday of the Month (Sep 14th)

Time: 6pm-7.30pm

Location: Carrickmacross Library A81 HY83

Contact: Siobhan 087 343 2944

### **MONAGHAN SOCIAL CLUB**

Date: Every second Friday (Sep 11th & 25th)

Time: 11am-1pm

Location: St Joseph's Pastoral Centre, Broad Rd.

Mullagh, Monaghan H18 VK77

Contact: Siobhan 087 343 2944

### **CASTLEBLAYNEY MEMORY CAFE**

Date: Last Monday of the Month (September 8th)

Time: 11am-12:30pm

Location: Castleblayney Library Gatelodge 2 Castleblayney A75 V383

Contact: Martin 087 381 5969

### **MONAGHAN TOWN SUPPORT GROUP**

Date: First Wednesday of the month (Sep 2nd)

Time: 6.30 pm - 7.30 pm

Location: Monaghan Town Library, The Peace Co. Monaghan H18 RP20.

Contact: Martin 087 381 5969

## Monaghan

### **CLONES SUPPORT GROUP**

Date: Third Monday of the Month (Sep 21st)

Time: 6:30pm-7.30pm

Location: Clones Library, 98 Avenue, Clones, Monaghan H23  
RW70

Contact: Elaine 087 987 3959

Email: [elaine.kearney@alzheimer.ie](mailto:elaine.kearney@alzheimer.ie)

### **CARRICKMACROSS YOUNG ONES ACTIVITY CLUB**

Date: Third Saturday of every Month (Sep 19th)

Time: 10 am 1 pm

Location: Carrickmacross Day Centre, Cloughvalley A81 Y090.

Contact: Sharon 086 272 2551

Email: [sharon.phelan@alzheimer.ie](mailto:sharon.phelan@alzheimer.ie)



# UPCOMING EVENTS

## SINGING FOR THE BRAIN

CONTACT: MARY

PHONE: 087 462 2216 (MORNINGS)

EMAIL: [SINGING4THEBRAIN@GMAIL.COM](mailto:SINGING4THEBRAIN@GMAIL.COM)

NOTE: AN IN-PERSON SOCIAL SINGING GROUP FOR PEOPLE LIVING WITH DEMENTIA, ALZHEIMER'S AND/OR PARKINSON'S AND THEIR CARERS. THIS IS ON IN VARIOUS LOCATIONS THROUGHOUT CORK. PLEASE CLICK VIEW FULL INFO FOR LOCATION DETAILS.